

# Get all your answers *quick and easy* @ **umr.com**



A UnitedHealthcare Company

## Access your health benefits in two clicks

You don't have time to dig through paperwork or be left wondering where to go for care when you need it. And your health and financial resources are too valuable for second guesses.

At **umr.com**, there are no hassles and no waiting – just the answers you're looking for, anytime, night or day.



### Log in now to:

Check your benefits  
and see what's covered

Look up what you owe  
and how much you've paid

Find a doctor in your network

Learn about medical conditions  
and your treatment options

Access tools and trusted resources  
to help you live a healthier life

### Getting started

If you already have an account, go to **umr.com** and enter your username and password in the upper-right corner. If it's your first time visiting us, click **New user? Register here** to open an account. Make sure you have your ID card handy and follow the steps to get started.



**WANT A  
QUICK TOUR?**

Use the QR code reader on  
your smart phone to watch  
a short video.

*Note: The images shown reflect available features within our desktop site. These features may or may not be available to all users, depending on your individual and/or company benefits.*

## You don't need a Ph.D. to understand your benefits

We've made it easy to find the top things people want to know. Choose **Benefits & coverage** from myMenu to find out:

- What health care services are covered?
- What's the cost difference between an in-network and out-of-network service?
- What's your deductible, and are you close to reaching it?
- Is there a copayment for your office visit? If so, how much?

## Did your dog eat your ID card?

No worries. It's easy to get a replacement online.

Just click **ID card** in the myMenu to see a copy of your card. With a couple more clicks you can have a new card mailed to your home.

Can't wait for the mailman? Print a temporary copy from our desktop site. Or, use your smart phone to view your ID card or fax a copy to your doctor's office.



### Claim search

I want to view

Claims for

- ALL
- Cade Blank (09/05-1945)
- Suzanne Blass (04/29/2003)
- Karyn Blass (07/21/1965)

Claim type

- Medical
- Dental

Time period

- ALL
- Last 30 days
- Last 6 months

Status

- ALL
- Completed
- In progress
- Denied
- Pre-treatment estimate

## CLAIMS

Need help understanding your health benefits? The health insurance 101 video series can help.

Go to YouTube

**Claim search results**

Subscriber: Cade Blank, 86634477 / My Favorite Company 7688888  
You are viewing: All members, Medical claims, All Claims

**Claim activity**

CLAIM NUMBER	SERVICE DATE	FAMILY MEMBER	PROVIDER STATUS	BILLED AMOUNT	PLAN PAYS	YOU OWE	EOB
1227022221	08/10/13	Karyn	Alba, Jessica C	\$1,000.00	\$500.00	\$500.00	VIEW
1227022204	08/10/13	Cade	Alba, Jessica C	\$1,000.00	\$500.00	\$500.00	VIEW
1227022206	08/09/13	Karyn	Alba, Jessica C	\$500.00	\$250.00	\$250.00	VIEW
1227022207	08/09/13	Cade	Alba, Jessica C	\$500.00	\$250.00	\$250.00	VIEW
1227022208	08/08/13	Karyn	Alba, Jessica C	\$800.00	\$400.00	\$400.00	VIEW
1227022209	08/08/13	Cade	Alba, Jessica C	\$800.00	\$400.00	\$400.00	VIEW
1227022210	08/07/13	Karyn	Alba, Jessica C	\$1,000.00	\$500.00	\$500.00	VIEW
1227022211	08/07/13	Cade	Alba, Jessica C	\$1,000.00	\$500.00	\$500.00	VIEW
1227022212	08/06/13	Karyn	Alba, Jessica C	\$800.00	\$400.00	\$400.00	VIEW
1227022213	08/06/13	Cade	Alba, Jessica C	\$800.00	\$400.00	\$400.00	VIEW
1227022214	08/05/13	Karyn	Alba, Jessica C	\$500.00	\$250.00	\$250.00	VIEW
1227022215	08/05/13	Cade	Alba, Jessica C	\$500.00	\$250.00	\$250.00	VIEW
1227022216	08/04/13	Karyn	Alba, Jessica C	\$500.00	\$250.00	\$250.00	VIEW
1227022217	08/04/13	Cade	Alba, Jessica C	\$500.00	\$250.00	\$250.00	VIEW
1227022218	08/03/13	Karyn	Alba, Jessica C	\$400.00	\$200.00	\$200.00	VIEW
1227022219	08/03/13	Cade	Alba, Jessica C	\$400.00	\$200.00	\$200.00	VIEW
1227022220	08/02/13	Karyn	Alba, Jessica C	\$200.00	\$100.00	\$100.00	VIEW

Fictionalized data

## Buried in paperwork? A single click lets you track all your claims

Check in at your convenience to see if a claim has been processed and what you might owe. Get more details by selecting the explanation of benefits (EOB) link. This will tell you the type of services provided, the amount billed and the amount paid, if any.

You can choose to receive a secure e-mail any time you have a new EOB. And if you're not ready to give up paper completely, you can print out copies from our claims center.

## Don't be surprised by unexpected costs

- Know the price you'll pay ahead of time. Search treatments or procedures in the **Health cost estimator**.
- Get your in-network discount. Use **Find a provider** to look up doctors and facilities near you.

## Helpful apps, calculators, videos and health information all in one place

Choose **Health center** from the myMenu and select the tile shortcuts that interest you.

- Online health information: up-to-date and ad-free
- Our top picks for healthy eating and exercise
- Free tools, apps and calculators