

5 Affirmations of Success



- Have no limits
- These Conditions are Perfect for me
- I've done the work and I believe in my ability
 - Nothing can affect me
 - YOU have ME to worry about

Extra Curricular Activities

Participation in extracurricular activities provides students with the opportunity To develop to their full potential in their relationship with others. Society places a premium on workers with interpersonal skills and problem solving ability.

Positive interaction develops personal characteristics that may be utilized later in life.

- ☺ **Teamwork** - The ability to work with others is extremely important
- ☺ **Commitment** - Students must be positive role models and make a sacrifices for the benefit of all participants
 - ☺ **Work Ethic** - Success can only be attained through hard, smart work
 - ☺ **Pride in Performance** - A feeling of accomplishment is realized through positive effort
- ☺ **Friendships** - Lifetime relationships are developed through participation in activities
 - ☺ **Achievement** - Students represent their community, school, and family.
- ☺ **Enthusiasm** - In order to be successful, both leadership and life must be approached with enthusiasm
 - ☺ **Persistence** - One learns to et up and go again after suffering a setback
 - ☺ **Confidence** - Self-esteem is enhanced through a series of achievements
 - ☺ **Have Fun!** - Participation is fun and the quality of life is enhanced
 - ☺ **Identity** The team provides participants with a sense of belonging
 - ☺ **Courage** - Performance under pressure helps conquer fear
 - ☺ **Challenges** - Participants learn how to overcome obstacles to success
 - ☺ **Better Grades** - Numerous studied indicate students who participate in high school activities perform better in the classroom.
 - ☺ **Responsibility** - Activities hold individuals accountable for their actions
- ☺ **Success in Life** - According to the American College Testing Service, participation in High School activities is the major indicator of success in life.