

HASD

Inside GMS

JANUARY 25, 2012

Inside GMS

Inside this issue:

Winter safety	2
Poem	2
Friends	2
RED OUT	3
Word search	4

Dr.Oz??

By Morgan Panzenhagen

The FDA (Food and Drug Administration) wrote a few letters to the popular talk show 'Dr. Oz' commenting on the apple juice segment that the show had done earlier. The FDA stated that there are unsafe levels of arsenic, or metalloid in apple juice *and* grape juice! Arsenic is a highly poisonous metal found in three different forms: black, yellow, and gray. Your water that you drink contains arsenic, but don't worry. The arsenic in your water is the 'organic type,' or the harmless kind. Scientists studied the juices, and found that the arsenic to be the harmless kind. But after further test-

ing, they found that it is, in fact, the harmful kind, and is unsafe to drink. This makes sense, because grape and apple seeds contain arsenic, and if you squeeze the apples and grapes for fresh juice, there's a chance that some of the harmful arsenic could get into the juice. Keep in mind it takes a lot of arsenic to make you sick so a glass of apple juice now and then won't hurt. Scientists are trying to figure out how to stop the spread, so for now, we're just waiting to see what happens to our dear apple juice!



New Year's resolutions

By: Brice Richardson

Lots of people try to keep their resolutions that they make on New Year's Eve. But only 8% of people actually do! Here are ideas to make your decision! Make sure you chose an accurate aim that is good for you. Also pick one that will be chal-

lenging for you: Don't pick getting a B+ in all of your subjects if you already have a B+ or higher. Choose one that will help you later on in life.

Make sure you pick a resolution that fits you. Make a plan and go for it!



Friends

By: Sierra Coenen

Friends are people that you can trust and always count on not people that say mean things about you or bribe you to be their friend. If you are looking for a new friend or are someone who just moved here from a different school district, hang out with someone and

see what they like. You might try some of these ideas. Tell them what you like to do in your free time! Help them if they are having trouble on writing a poem! If they fall help them up! Say things you have in common! Talk about school or other things that interest you! Invite them over to really get to know

their personality! If they are sad, try to cheer them up!



Snow



By Isabella Benner

Snow
always freezing.
Never ever warm.
Ohhh, I got snow in my boots.
Why did I come out here?

Winter Safety

By: Brice Richardson

In all of the snow and fun have you forgot about being safe? Well this article will give you tips on staying safe in winter. The first tip is where appropriate clothes so you don't get frostbite. Also you

should look out for cars because they might not see you through all of the snow. Next is being careful on the ice. If you fall you could get hurt pretty badly.

Have Fun and Be Safe!

What to do on a snow day

By: Taylor Mielke

Hey kids, do you stay indoors on snow days? Would you rather be outside enjoying the fresh winter snow? Here are some ideas for you.

1. Build a snowman
2. Build a fort
3. Have a snowball fight with your friends
4. Go skiing
5. Make a tunnel through a snow bank
6. Make snow angels
7. Go sledding
8. Go snowboarding
9. Go ice skating
10. Go ice fishing

These are just some of the many things you can do in the snow. I hope you have fun on the next snow day!

Go Red Basketball Game

All Proceeds from t-shirt sales will be donated to the American Heart Association

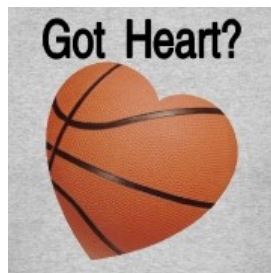
Hortonville High School
Vs
New London High School
January 26th

Information:

Purchase Red Out t-shirts from Mrs. Berndt for \$10.00 to help in the fight against Heart Disease. Wear them to the Red Out Game on Jan. 26th at the Hortonville vs New London Boys Basketball Game! **Chance to win 2 Packer Tickets to one 2012 game:**

Any middle school student, parent or staff member who purchase a Red Out t-shirt will have their name put in a drawing to win Packer Tickets

Winner will be drawn at the Red Out Game At Half Time. You do not need to be present at the Red Out High School game to win. The Packer Tickets cannot be sold and must be used by the winner who is drawn at the game. Mrs. Gorwitz (who is donating the tickets) will be selecting the one Packer game when the 2012 schedule is released.



Getting to know Mr.Reinemann

By: Chloe Thorne

Mr.Reinemann started teaching in 1990, so he's been teaching at GMS for 22 years. He decided to start because he loved to work with kids; or in his case, students. One of his favorite things about it is seeing kids grow, learn, and develop. I heard his favorite sport is golf. Some rules he has are: no climbing on the bleachers, no fighting in locker rooms, and of course, leaving the gym with a red face!



January

S G J D T S Q G B C G T N U Q
 S N L O K E N Z E A A A N F G
 P O O I B I E D G I I O U R W
 C G I W D L J L N C E C K P M
 T N N D B P I N S E E O X J V
 G A E I F O Z Z S S U C D Z K
 E L A O Z N A N Z K Z T T K C
 S Y A G T E O R O A O O S V W
 B O E S Z W E S D T R H N I Y
 Q A V H B C J R Z I O D O H Y
 Z U M A D J R T F N N R W W A
 K B L Y E K C O H G T G M O X
 J L E T I B T S O R F H A N W
 S I C E I C L E S P R Q N S K
 O I G X B C G G E K R K Z N X

BLIZZARD
 COLD
 FREEZING
 FROSTBITE
 HOCKEY
 HOTCOCOA
 ICEICLES
 ICESKATING

SKIING
 SLEDDING
 SLEET
 SNOW
 SNOWBALLS
 SNOWBOARDING
 SNOWMAN



January

TEWRIN
 ODCL
 GINFERZE
 FNU ₃
 MONSWAN ₄
 SEWNOAGLN
 TUSDEOI
 SOWN
 ZIARDBZL ₅
 WSNALLOB ₂
 BAKASLELTB
 CEI
 BOOTALFL
 KEYHOC ₆
 EMSOAEW ₁
 J ₁₂₃₄₅₆

Unscramble each of the clue words.
 Copy the letters in the numbered cells to other cells
 with the same number.