



## April 2024

Dear Hortonville High School Parents, Guardians, and Community,

I hope everyone had a safe and relaxing spring break and holiday. It is hard to believe that today is the first day of the 4th quarter here at Hortonville High School. As the school year begins to conclude, please check the upcoming events in this newsletter and the weekly messages from Mr. Engelland to stay informed on all the happenings here at HHS and within our district.

We will complete the Pre-ACT secure tests for our freshmen and sophomore students on April 4th. Families will receive additional communication regarding the school day schedule for these upcoming days.

### Senior Class Speakers

As we enter the first graduation ceremony with the Laude system, we will open class speaker opportunities to all graduating seniors. Open auditions will occur on April 10th after school and before April 12th. Please see the attached document for more details, and please encourage your student to consider this opportunity.

### Community Night w/Bob Lenz

Bob Lenz will speak to our community on April 15th to share information on instilling hope in today's youth. The HHS Auditorium doors will open at 6:30, and the event begins at 7 p.m. Please see the attached document for further information.

### GRR Program

This program is designed to help limit the amount of damage and illegal behavior around Hortonville High School. If your student(s) see any damage to the bathrooms, locker rooms, or illegal activity in the school, please encourage them to stop in the main office and send an email or canvas message to any building administrator. The focus of this program is to help ensure our building stays safe and looks its best.

### Attendance Reminder

Attendance matters! - Please help your students by supporting them in daily attendance here at school. If your child is healthy, please support them in getting to school each school day.

HASD allows a maximum of 10 excused absences (all or part of a day) in a school year before requiring a doctor's excuse. Beginning with the 11th absence, a doctor's note will be required in order for the absence to be excused. Absences beyond that, without the medical excuse, will be marked unexcused, which could potentially lead to a Truancy referral and citation.

**To report an absence call: 920-779-7940.**

RollBears!

Tim Rietveld

### Upcoming Events:

#### April 4<sup>th</sup>-

Pre ACT-Secure Day  
9<sup>th</sup> and 10<sup>th</sup> Graders

#### April 8<sup>th</sup>-

HHS Parent Forum 5pm  
(Virtual)

#### April 13<sup>th</sup>-

HHS Prom 7pm-11pm

#### April 15<sup>th</sup>

Community Presentation in  
the Auditorium @ 6:30 pm

#### April 17<sup>th</sup>-

Half-Day Inservice 4<sup>th</sup> block  
ends at 12:44 pm

## April is Stress Awareness Month

Stress does not limit itself to age, gender, season, or any other qualification. It is something that can affect anyone and everyone at some point in their lifetime. While some stress might be avoidable, that is not always the case. In these moments, stress can be a tool to teach us resilience, problem solving skills, and increase our ability to self-regulate. Additionally, not all stress is bad! It can also be associated with positive events such as meeting new friends, starting a new job, or taking a vacation. Either way, it is important for us to recognize when stress starts to negatively impact our lives.

### Emotional symptoms:

Hopelessness,  
Frustration,

### Physical symptoms:

Trouble sleeping,  
Difficulty with decision-making

The good news is that there are several ways we can combat daily stress. Some strategies might seem simple while others appear more difficult to achieve. Try to remember that stress-reduction takes time and practice. Be patient with yourself and others as we all learn to navigate the journey that is self-care. Ask for help when you need it, and remember that you are already doing the best you can.

### References and additional resources:

#### Web Pages:

- [I'm So Stressed Out!](#)
- [National Stress Awareness Month | Office of Human Resources](#)
- [April is Stress Awareness Month](#) .

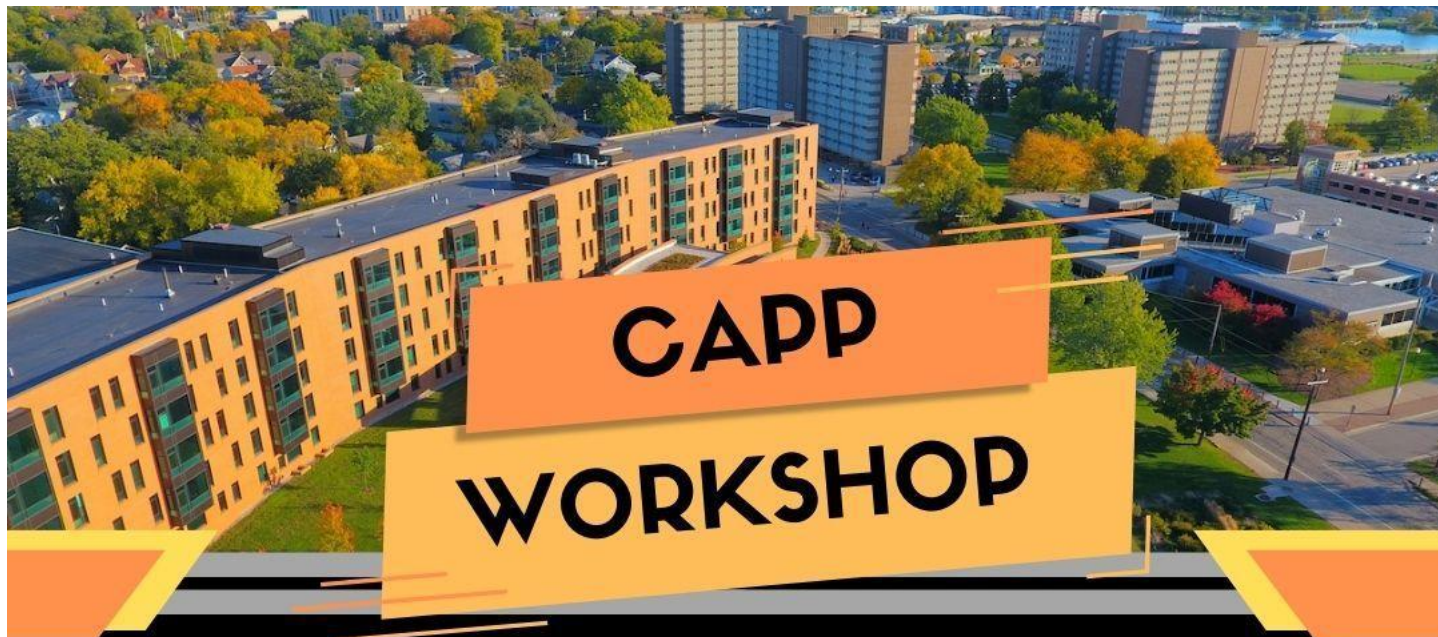
#### Other resources:

[E3 home page](#)



## CAPP WORKSHOP

Any students who plan to take a UW Oshkosh CAPP course next year can attend a CAPP Workshop that will allow students to complete STEP ONE: APPLY, hosted by a UWO CAPP representative. This step is required for students who have previously taken a CAPP course AND students who are new to CAPP courses. The workshop will be held in the HHS library on Thursday, May 2 from 7:45 - 8:30 am. Students who do not attend the workshop can still complete Step 1 on their own by visiting the CAPP Office website (<https://uwosh.edu/capp/>). The deadline to complete this step is July 31.



Are you registered to take a CAPP class next year to earn college credits? Attend our annual CAPP Workshop to complete **Step 1: Application** with a UW Oshkosh CAPP representative!

### CAPP COURSES AT HHS

- CAPP Intro to Public Speaking
- CAPP Writing 101
- CAPP American or British Lit.
- CAPP Weight Training
- CAPP Active Lifestyles
- CAPP Spanish 204, 312
- CAPP German 204, 304
- CAPP Educ. 110 (Found. of ECE)
- Senior Studio
- Art History

### WHEN IS THE WORKSHOP?

Friday, April 26  
7:45am-8:30am  
HHS Library

### WHAT SHOULD I KNOW COMING IN?

- Social Security Number
- Did your legal guardian file taxes last year?
- Does your parent/guardian hold a valid driver's license?



## Unique Educational Opportunity for Junior and Senior Students

ThedaCare High School Summer Boot Camp is an opportunity for current high school students in their junior or senior year, or recent HS graduate, to generate an awareness and interest in the different health care careers. This opportunity will engage participants interested in health careers by learning and interacting with health care professionals from ThedaCare.

Participants will learn how health care teams work together to provide the best patient care for our patients/community and will have opportunities to meet and speak with health staff from different departments to learn what a day in healthcare might mean.



# Wednesday, July 31st, 2024

8:30am - 3:00pm | ThedaCare Medical Center-New London

### The program schedule will include:

- Welcoming Message from ThedaCare Leader
- Light Breakfast
- Networking Lunch with other Students and Staff
- 3 Learning Sessions of Student's Choice

#### Learning Objectives:

- Connect with Healthcare Professionals
- Gain Exposure to Health Career Opportunities
- Learn Academic Paths for Health Careers

#### Boot Camp Requirements:

- Must be a current high school student in their junior or senior year, or a recent high school graduate.
- Completed Application/Release Form
- Health Requirements



APPLY ONLINE:



<https://thedacare.org/about-us/for-students>

If you have questions, contact:  
Mimi.Gardner@thedacare.org



# UPCOMING *Campus Tours!*

## UW-OSHKOSH

**April 23, 2024**

**9:15am to 1:00pm**

**Fee: \$6.00 (for lunch on campus)**

## NORTHEAST WISCONSIN TECHNICAL COLLEGE (NWTC- GREEN BAY)

**April 26, 2024**

**9:00am to 12:00pm**

**Fee: none (will be back for lunch)**

## RIPON COLLEGE

**April 30, 2024**

**9:00am to 2:00pm**

**Fee: \$5.00 (for lunch on campus)**

**STOP DOWN IN  
COUNSELING TO GRAB A  
PERMISSION SLIP!**





### **SENIORS – SHARE YOUR FUTURE PLANS!**

Whether going into the workforce, attending college or tech school, or going into the military, have your Senior stop by the Counseling Office once they have defined their post-high school plans. They can proudly display their plans on our “Class of 2024” bulletin board!

### **SENIOR AWARDS PROGRAM**

The Class of 2024 Senior Awards Program will be held on Wednesday, May 8, at 5:30 pm for appetizers and 6:00 pm for the program in the high school auditorium. The Senior Class and their families are invited to attend. Students that are receiving a scholarship and/or award will receive a letter noting that. The program will be livestreamed on YouTube.

**\*\*If your student is receiving a scholarship from an outside source (parents’ place of employment, church, college, etc.), please have your student bring a copy of the acknowledgement letter to Mrs. Van Asten in the Counseling Office by Friday, April 26, so we can include this recognition in our awards program.\*\***

### **SCHOLARSHIPS**

We have a HUGE list of scholarships available to students! Please encourage your student to apply for this free money! The list, which contains information regarding the amount, application criteria and deadlines, is posted on the HHS web page under Academics/Counseling | College/Career | Scholarships & Financial Aid. [Scholarships](#)

