

BUILD-A-BEAR 2017

REGISTRATION FORM

Build-A-Bear is the Hortonville School District's Summer Strength & Conditioning Program. Students will have individualized workouts created to improve their strength, agility, flexibility, explosiveness, speed, running mechanics, jumping and athletic abilities. The speed training will be done on the High School Track and the strength training will be done in the High School Fitness Center. The starting date will be **MONDAY June 12th** and will run through **FRIDAY July 28th**.

Schedule by Group – Circle One

Girls 10-12 th Grade	M, W, F	8-9am Fitness Center, 9-10am Speed	
Girls Incoming 9 th Grade	M, W, F	9-10am Speed, 10-11am Fitness Center	
Boys 10-12 th Grade	M, W, F	7-8am Fitness Center, 8-9am Speed	Thursday 7-8am Toughness Day
Boys Incoming 9 th Grade	M, W, F	8-9am Speed, 9-10am Fitness Center	Thursday 7-8am Toughness Day
Boys Alternate Option 10-12 th Grade	M, W, F	10-11am Speed, 11-12 Fitness Center	
Boys & Girls Incoming 6-8 th Grade	Tuesday / Thursday	9-11am Speed & Fitness Center	
Open Lifting All Grades	Tuesday/ Thursday	7-9am Fitness Center	

*** Grades listed are the grade the student will be in for next school year ***

Build-A-Bear is a workshop that is provided by The School District of Hortonville Summer School program at **NO** cost to the student! Please note that safety is our number one concern at all times, but we do require a **Waiver and Liability Form (see back) before your child can participate. Please sign and hand in to one of the coaches listed below. The student will NOT be allowed to participate or be admitted to the fitness center without this form!**

Looking forward to working with you this summer! Any questions please call a coach below.

Coach Stumpf
HHS 920-779-7933
Cell: 920-284-0917

Coach Fletcher
HMS 920-779-7922

Coach Reinemann
GMS 920-757-7140

Release and Waiver

The student in attending Build A Bear camp does so at his/her own risk. All of our camps host schools, their athletic departments, and any staff member shall not be liable for any damages or injuries sustained by a student during camp or at the facilities. The student-camper and his/her parents assume full responsibility for any damages or injuries which may occur to a camper during any one of the camp sessions and so hereby fully and forever exonerate and discharge any staff, its owners, employees and agents from any and all claims, demands, damages rights of action or cause of action present or future, whether the same be known, anticipated or unanticipated, resulting from or arising out of the participation in the Build A Bear camp. Further, we the parents have been notified that our child does run the risk of sustaining an injury while participating in the conditioning camp. We the parents have also been informed that the extent of an injury could range from minor to very serious. Further, we the parents or legal guardian have been informed that there is an assumption of risk when anyone participates in the Build-A-Bear conditioning program.

Signature of Parent/Guardian

Date

Student Name: _____

Grade entering (2017-2018): _____

Address: _____

City: _____ Zip: _____

Phone: _____

School: _____