

EXPLANATION OF POLICY CHANGES

1/11/16

A. **3121 & 4121 Background Checks** – a request is being made to revisit volunteers paying for background investigation fees above the original \$32.00.

B. **5113 Open Enrollment**

C. **5130 Withdrawal from School** – Adding a procedure for withdrawing a student –

Students may request to withdraw from school for one of two reasons:

1. Transfer to another school.
2. Discontinue educational plans (must be the end of term, quarter, or semester in which the student turns 18 years old).

If the student is transferring:

1. Parent notifies school in writing.
2. Parent completes Withdrawal Form which includes a release for sending records / transcripts.

Removed – wishes to withdraw from school / added – requests to discontinue educational plans,

Added - When the District receives written notification of withdrawal and a completed Withdrawal Form, the District has five (5) working days to transfer records to new school district.

When the District receives verification from DPI (WISEdata) that exiting student has been accepted in new school district, student will then be withdrawn from Student Management Systems (Skyward).

Withdrawal of a Habitual Truant Student

In the case of a student that is a Habitual Truant, every attempt will be made to complete all truancy steps as stated in Policy #5200 – Attendance. At the end of a school year, if a truant student has not returned to the District, they will be withdrawn from the Student Management System (Skyward) with the approval of the District Administrator.

Added – 118.125(4) Wis. Stats. & Policy #5200 - Attendance

D. **Graduation Requirements**

E. **8510 Wellness** - This policy along with Policy 5830 Student Fund-Raising and Policy 8500 Food Services, address the current USDA Dietary Guidelines for Americans and the Smart Snack Rules. All three (3) policies were reviewed and updated with suggestions from the DPI, Director of Food Service, District Nurse, and Wellness committee members. REMOVED - The health curriculum will educate students to develop the knowledge, attitudes, skills, and behavior for lifelong healthy eating habits. The district has approved a K-12 nutrition curriculum as part of the comprehensive health curriculum. The nutrition health curriculum supports the philosophy that the quality of life is dependent upon the student's interaction with their total environment which includes their physical, mental and social well being. Included in the health curriculum as a performance goal, is that students will learn good food habits to help build and maintain good health. This performance

goal is promoted throughout the K-12 nutrition curriculum. Some of the topics covered as part of the health curriculum include: eating habits, nutrients, dietary guidelines, food guide pyramid, serving sizes, labeling, weight problems, eating disorders, fad dieting, food safety, food allergies, and food sensitivities. ~~ADDED -~~ The District aims to teach, model, encourage, and support healthy eating by students. Schools will provide nutrition education and engage in nutrition promotion that:

- Is designed to provide students with the knowledge and skills necessary to promote and protect their health;
- ~~Is part of not only health education classes, but also integrated into other classroom instruction through subjects such as math, science, language arts, social sciences, and elective subjects;~~
- Include enjoyable, developmentally-appropriate, culturally-relevant, and participatory activities, such as cooking demonstrations or lessons, promotions, taste-testing, farm visits, and school gardens;
- Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, and healthy food preparation methods;
- Emphasize caloric balance between food intake and energy expenditure (promotes physical activity/exercise);
- Link with school meal programs, cafeteria nutrition promotion activities, school gardens, Farm to School programs, other school foods, and nutrition-related community services;
- Teach media literacy with an emphasis on food and beverage marketing; and
- Include nutrition education training for teachers and other staff.

~~ADDED –~~ Any items offered to students during the school day will follow Smart Snack

Guidelines. ~~REMOVED –~~ Prohibit the sale of foods of minimal nutritional value during school meal service hours. ~~ADDED -~~ Any competitive food items and beverages that are available for

sale to students between midnight and thirty (30) minutes following the end of the school day, shall also comply with the current USDA Dietary Guidelines for Americans and Smart Snack Rules. Fundraisers should also outline smart snack times and if they are during “school day?”

Then they must follow smart snack guidelines. Wisconsin’s Fundraiser Exemption Policy: DPI will allow two (2) fundraiser exemptions per student organization per school year. (Proper paperwork needs to be filed.) ~~REMOVED -~~ District Nutrition Guidelines.- ~~ADDED -~~ USDA Smart

Snacks in School – Fundraisers. ~~REMOVED –~~ nutrition – ~~ADDED –~~ smart snack - ~~REMOVED -~~

- A. Provide food options that are low in fat, calories, and added sugars.
- B. All food items for sale prior to the start of the school day and throughout the school day will have no more than an average of 30% of its total calories derived from fat.
- A. All food items for sale prior to the start of the school day and throughout the school day will have no more than 10% of its total calories derived from saturated fat.

No foods or beverages, other than those associated with the District’s Food Service Program, are to be sold during food service hours. The District’s food service program shall serve only food items and beverages in compliance with the current USDA Dietary Guidelines for American and Smart Snack Rules. Any competitive food items and beverages that are available for sale to students between midnight and thirty (30) minutes following the end of the school day, shall also comply with the current USDA Dietary Guidelines for Americans and Smart Snack Rules.

~~ADDED -~~ and Policy #5335 – Care of Students with Chronic Health Conditions (Allergies).

Classroom Special Occasions:

Staff are encouraged to adhere to the guidelines outlined in this policy and Policy #5335 – Care of Students with Chronic Health Conditions (Allergies).

USDA Dietary Guidelines for Americans and the Smart Snack Rules

REMOVED:

Suggestions for Snacks from the Healthier Generation and HASD Wellness Committee:

- ✓ Edy's frozen fruit bars (22g)
- ✓ 100 Calorie Cinnamon Streusel Snack Cakes
- ✓ Goldfish (106 g)
- ✓ 100 Calorie Pack Chips Ahoy (.81 g)
- ✓ 100 Calorie Pack Honey Maid Crackers (.81 g)
- ✓ 100 Calorie Pack Oreo Thin Crisps (.81 g)
- ✓ 100 Calorie Pack Ritz Snack (.77 oz.)
- ✓ Barnum's Animal Crackers (1 oz)
- ✓ Teddy Grahams CUBS (.5 oz)
- ✓ Teddy Grahams Snack Chocolate (.75 g)
- ✓ Grahams Snack Cinnamon (7.5 and 1 oz)
- ✓ Baked Cheetos (.875 oz)
- ✓ Baked Doritos-Nachos (.75 g)
- ✓ Baked Doritos-Nacho Cheese (.75 g)
- ✓ Baked Lay's Original (.875 oz)
- ✓ Baked Lay's Parmesan-Tuscan (1 oz)
- ✓ Baked Lay's Sour Cream (.875 g)
- ✓ Kids snack mix (.875 g)
- ✓ Baked Tostitos Scoops (.875 g)
- ✓ Quaker Chewy 90 Calorie Granola Bars

While the Healthier Generations recommend "no candy", the Wellness Committee recognizes that it may be difficult to comply with this recommendation and offers the following "better choice" suggestions:

- ✓ York Peppermint Pattie (Hershey's) – 1 piece
- ✓ 100 Grand (Nestle) – 1 package
- ✓ Twizzlers Strawberry (Hershey's) – 4 pieces
- ✓ Tootsie Rolls or Fruit Rolls (Tootsie Roll Industries) – 6 pieces
- ✓ Smarties (Ce De Candy) – 1 roll
- ✓ Duds (Hershey's) – 13 pieces
- ✓ M & M's Mints (Mars) – 1 package (1 oz)
- ✓ Jolly Rancher Gummies (Hershey's) – 9 pieces
- ✓ Good & Plenty (Hershey's) – 33 pieces

ADDED - Suggestions for Snacks from the Healthier Generation and HASD Wellness Committee:

Each product must be submitted to the Alliance for Healthier Generation product calculator to determine whether or not it meets smart snack guidelines. The following are examples of items that fit into the current smart snack guidelines.

- ✓ **Whole Grain Goldfish (.75oz)**
- ✓ **Baked Cheetos (.875 oz)**
- ✓ **Baked Doritos Red Fat/Zero Trans Fat-Nachos (.75 g)**
- ✓ **Baked Lay's Crisps Original Zero Trans Fat (.875 oz)**
- ✓ **Baked Lay's Crisps Sour Cream (.875 g)**
- ✓ **Munchies snack mix zero trans-fat (.875 g)**
- ✓ **Baked Tostitos Scoops Reduced Fat (.875 g)**

USDA Policy Memorandum, SP 36-2014

42 U.S.C. 1751

42 U.S.C. 1771

7 C.F.R. Parts 210 and 220 (June 2013)

http://fns.dpi.wi.gov/fns_smartsnacks