

# **Volleyball Study Guide**

## **Social Skills and Etiquette:**

Social skills are necessary in playing the game of volleyball. The following rules of etiquette should be observed:

- The server must announce the score before each serve. If they don't the serving team loses the serve.
- Players must roll the ball under the net when it must be returned to the serving team.
- Students play the ball only when it is near them so as to allow other teammates a fair chance to be part of the game.

## **Rules:**

- The object of the game is to send the ball back and forth over the net so the opposing team cannot return it.
- Hitting sequence after the serve is: Pass, Set, Spike
- Regulation volleyball has six players per team.
- The game begins with a serve from one team from behind the service line. The server continues to serve until a service fault occurs, same server serves 5 consecutive times in a row, or their team loses the rally

## **The following are service faults:**

- Server steps on the serving line.
- The ball passes under the net.
- The ball touches a serving team member before going over the net.
- The ball lands outside the court.
- The ball hits the ceiling.

## **The following are rally faults:**

- The ball hits the floor outside the volleyball court (court line is in).
- The ball is hit by a team more than three times in a row.
- The ball is hit by a player more than once in a row.
- A player steps into their opponent's court.
- The net or standards are touched by a player.
- A team is out of position at service.
- The ball hits the ceiling.
- Setting the ball below shoulder height
- Passing the ball with an open hand

## **Scoring:**

- The team that wins the rally is awarded one point and gets to serve.
- The game continues until one team gets 25 points with at least a 2-point lead.