

WORD GENERATION
SOCIAL STUDIES - UNIT 6.3



**WAS IT BETTER
TO BE AN
ATHENIAN OR A
SPARTAN?**

FOCUS WORDS

democratic
elitist
competitive
ostracize
individualism
conformity



Focus Words

democratic | elitist | competitive | ostracize | individualism | conformity

Setting: On the bus after school, four eighth graders talk about the differences between two high schools they have the opportunity to attend next year.

Cora: I cannot wait to get out of middle school.

Ramona: Totally agree. This year can't go by fast enough. So have you decided which high school you're going to?

Hiroshi: Well, I know where I'm *not* going. I heard the kids at Glendale High are really snobby. My cousin told me that they sit around the lunch room comparing grade point averages, and how many advanced placement classes they're in, and who got into which Ivy League college. They're total **elitists** and I don't want them looking down on me just because I don't always get straight A's.

Josh: But our only other option is Riverside High, and they've got major problems too. They're so **competitive** in sports that they're out of control. All they care about is being the best in football, basketball, baseball, and track. I heard that if you're not a good athlete they completely **ostracize** you. That kind of exclusion is just plain wrong.

Cora: But isn't it important to get into a really good college? The Glendale kids may be **elitist**, but at least they don't make fun of you if you want to study hard and learn in order to go to college. At Riverside, on the other hand, you run the risk of being laughed at if you even look at a book.

Ramona: But studying all day long isn't the only way to get into a good college. You know the star player of Riverside's basketball team? I heard he just got accepted to Stanford. So maybe the pressure that Riverside students put on you to be a better athlete can actually help you get into college. Glendale doesn't do a good enough job developing students' talents outside the classroom.

Hiroshi: Look, I just want to be a part of a **democratic** school where everyone can feel like they're just as good as everyone else. That just doesn't happen at Glendale. The kids with the highest test scores and grades are the most popular and the most powerful. The kids with okay test scores and grades are treated like scrubs. And if you're a bad student, you might as well move to another city because you're nothing at Glendale.

Josh: Dude, I hear you but Riverside is no better. They say they value **individualism** and they do have music, art classes, and a bunch of different clubs for students. But all the school's money still goes into sports. They just built an Olympic-sized swimming pool for their champion swim team, while their chess club has only two ratty old boards to play with. Athletes are kings at Riverside. Everyone else is a peasant.

Cora: So, the big issue is: would you rather **conform** to a culture of athletic achievement or academic achievement? Let's face it. The nerds are destined to be the future leaders and money-makers while the jocks are fated to be losers and to hold minimum-wage jobs. When you think of it this way, Glendale is the better choice.

Ramona: Hold up, Cora. First of all, I've talked to a few Riverside athletes and they're definitely not dumb jocks. They study and care about grades, they're just not very public about it. Riverside is the best of both worlds.

Hiroshi: I hate to sound like a Glendale nerd, but this whole conversation is making me think of the Athens/Sparta debate we had in social studies class. Athens was into the mind-making advances in science, art, and philosophy, while Sparta was all about the body and turning people into the best and fiercest warriors around. It's like Glendale versus Riverside, but a long time ago.

Josh: It sounds like you should go to Glendale and be with your Athenians, Hiroshi. I think I'll go to Riverside to work on my already tremendous Spartan physique.

Ramona: Spartan physique? I got to go...

In this week's social studies lesson, you will learn about ancient Greece, a place we study today because it was the birthplace of **democracy**—our current form of government. Greece was known for its great thinkers, artists, and beautiful architecture. Greece was divided into small city-states. Although these city-states united for brief periods to defend Greece from Persian invaders, they were constantly fighting wars with one another. As you learn about ancient Greece, think about these questions:

1. What factors help explain why ancient Greece was divided into small city-states?
2. What were the major differences between these city-states?

Glendale v. Riverside

Use the text of the Reader's Theater to help you complete this table.

PRO



ANTI



In this quadrant, summarize a pro-Glendale comment that a student made:

In this quadrant, summarize an anti-Glendale comment that a student made:



GLENDALE

Which student made this comment:

- Cora Hiroshi Ramona Josh

Which student made this comment:

- Cora Hiroshi Ramona Josh

In this quadrant, summarize a pro-Riverside comment that a student made:

In this quadrant, summarize an anti-Riverside comment that a student made:



RIVERSIDE

Which student made this comment:

- Cora Hiroshi Ramona Josh

Which student made this comment:

- Cora Hiroshi Ramona Josh

Which student's perspective is most like yours?

- Cora Hiroshi Ramona Josh



What do you think?

Now it's your turn to say which school, Glendale or Riverside, you think is better. To successfully present your opinion and convince others that your opinion makes sense, you need to include all the parts of a good argument. But what are these parts? The silly paragraph below has all the parts of a good argument. Read it and then, with a partner, identify the different parts of the argument, and say why each is important. On the next page, you'll use this example as a model for writing your opinion about the two schools.

Which is better, pepperoni pizza or plain cheese pizza?

Pepperoni pizza is far better than plain cheese pizza. First of all, pepperoni pizza has pepperoni on it, while plain cheese pizza has nothing but cheese. Because there are pepperoni slices on pepperoni pizza, this pizza has a greater variety of flavors than plain cheese pizza, making it a tastier pizza. Secondly, pepperoni pizza has more protein than plain cheese pizza because of the pepperoni slices. People need protein in their diets. Pepperoni pizza gives them more protein than cheese pizza, so it's better nutritionally. Others may argue that plain cheese pizza is actually better than pepperoni pizza. Their reason may be that pepperoni slices have lots of unhealthy fat in them, so pepperoni pizza is unhealthier than cheese pizza. However, many experts say that carbs are actually worse for people's health than fats. Since both pizzas have comparable amounts of carbs, you can't argue that cheese pizza is healthier. Pepperoni pizza is clearly the superior pizza because of the variety of flavors it offers and its greater nutritional value.



What do you think?

Which is the better high school, Riverside or Glendale?

Work with a partner to fill in this table.

Here are the different parts of an argument.



Silly example:

From the paragraph, *Which is better, pepperoni pizza or plain cheese pizza?*



Your turn:

Which high school do you think is better, Riverside or Glendale?



Claim:	Pepperoni pizza is far better than plain cheese pizza.
Evidence #1:	Pepperoni pizza has pepperoni slices on it, while plain cheese pizza has nothing but cheese.
Explanation of evidence #1:	Because there are pepperoni slices on pepperoni pizza, this pizza has a greater variety of flavors than plain cheese pizza, making it a tastier pizza.
Evidence #2:	Pepperoni pizza has more protein than plain cheese pizza because of the pepperoni slices.
Explanation of evidence #2:	People need protein in their diets. Pepperoni pizza gives them more protein than cheese pizza, so it's better nutritionally.
Counterargument:	Plain cheese pizza is far better than pepperoni pizza.
Evidence to support counterargument:	Pepperoni slices have lots of unhealthy fats in them, so pepperoni pizza is unhealthier than cheese pizza.
Explanation of evidence against counterargument:	Some experts say that carbs are actually worse for people's health than fats. Since both pizzas have comparable amounts of carbs, you can't argue that cheese pizza is healthier.

Geography and the Greek City-States

Why so many city-states?

Greece was divided into hundreds of what we call “city-states.” These city-states were independent but part of the larger territory called Greece. Why was Greece divided into **competing** city-states? Geography had a lot to do with it. Greece has small areas of **fertile** land divided by many rugged mountains (see map at right). A long shoreline and hundreds of small islands gave city-states good harbors for seaports, which became important trading centers. Because each city-state was independent, each had to develop its own trade partners. Furthermore, unlike Egypt with its single, powerful ruler, Greece was characterized by its many governors and governments for each **individual** city-state. City-states were fiercely **individualistic** and independent.



TURN, TALK, AND THEN WRITE!

Imagine that you are a super villain (like Magneto or Megamind) and that you are living in ancient Greece. Being the **elitist** that you are, you want to conquer all of the **individual** city-states and become the sole ruler of the entire land. Using the paragraph and map above, list two major challenges you would face in uniting Greece. and how you would overcome each.

- 1)
- 2)

Can you think of ways to overcome or address the challenges?

The City-States Compete in War and in the Olympic Games

The first Olympic Games were held in Greece in 776 BCE. Different Greek city-states **competed** against one another, just like different countries **compete** against each other in today’s Olympic Games. Also like today, the Olympics were held every four years. Unlike today, athletes **competed** without wearing any clothing! At first, these games were mainly foot races. Later, wrestling, javelin throwing, chariot racing, and other contests were added. Only men **competed** for fame and honor, both for themselves and their city-state. Winners were honored as heroes. They achieved the **individual** excellence the Greeks admired in so many ways. Though city-states fought frequently and war was a constant reality in Greek life, all of the city-states chose to stop fighting during the Olympic Games.

TURN, TALK, AND THEN WRITE!

The paragraph above suggests that the Greeks greatly valued “**individual** excellence.” What is this and why do you think the Greeks admired it?

According to the paragraph, the Greek city-states stopped fighting during the Olympics. Even today, people around the world set aside differences to cheer on Olympic athletes, like Guor Marial (see right), from the brand new country of South Sudan. What is it about the Olympics that brings people together?



Guor Marial

Credit: [Matt Kieffer](#) from London, United Kingdom

Athens Versus Sparta

Ancient Greece was made up of hundreds of city-states, but two stand out: Athens and Sparta. Athens was the birthplace of **democracy**. While other countries were ruled by a few powerful people, Athens introduced the ideal of “rule by then many.” Athenians believed in **individual** excellence, and its writers and philosophers produced works of such importance that we still study them today. The experiment in **democracy** only last for about a hundred years. But they introduced ideas that changed the world.

Sparta also believed in excellence, but they were more focused on physical strength, stamina, and excellence in combat. Spartans had a different philosophy from Athenians. The **individual** was not important in Sparta. In fact, **individuals** were expected to put aside personal comforts in order to develop the strength to defend their city-state. Today we use the term “Spartan” to refer to men who are in exceptional physical condition, and to refer to living in conditions with very few comforts.

At times Athens and Sparta got along well, but in the second half of the fifth century BCE (Before Common Era), they became bitter enemies. Their fear and hatred of each other tore Greece apart.

When people today learn about ancient Greece, they often like **democratic** Athens and dislike oligarchic Sparta. Yet ancient Greeks themselves did not all think this way. Many of them saw much to admire and criticize in both city-states. On this and the next page are descriptions of three inhabitants of Athens and three inhabitants of Sparta. As you read about these inhabitants, think about how they might have viewed their city-states.

PEOPLE WHO LIVED IN ATHENS



Women in Athens

Although the Athenian government was a **democracy**, many Athenians, including women and slaves, could not participate. Women were thought of as the property of men. They were not allowed to participate in Athens’ government and did not have the same freedoms as men.

However, women did move about in public for a variety of reasons: getting water from the fountains, working in the farm fields, visiting friends and neighbors, etc. They were not completely confined to their homes. Although they couldn’t participate in politics, many did have a say in what happened in smaller villages. There were even women who dominated the social and financial life of several households.



A slave carries his master's shield

Historical evidence suggests that slaves in Athens were treated less badly than slaves in other city-states in ancient Greece. The highest ranked slaves, **elites** within this group, were given important roles such as police officers and tutors. The second-rank slaves were household slaves. Some of these slaves were able to buy their freedom with money they had earned. The lowest-ranking slaves in Athens worked in silver mines in nearby Laurium. Their working conditions were horrible, and therefore many of them died.

Yet, no matter how well slaves may have been treated by some owners, slaves were still considered to be property. They had no rights, they could still be sold to anyone anywhere, and they had few protections under the law.



Young Men in Athens Studying with Socrates

Socrates was a citizen of Athens who became one of the most well-known philosophers of all time. Students of Socrates, all young men, learned from him by attempting to answer his questions on a variety of topics including politics, beauty, justice, and the duties of citizens. But Socrates’ **individualism** got him into trouble. He was critical of Athens’ government and in 399 BCE, he was accused of corrupting the young and was sentenced to die by drinking poison.

PEOPLE WHO LIVED IN SPARTA



Helots Living in Sparta

Helots were probably the descendants of people who were conquered by the Spartans. They were not slaves, but they were assigned to work the land of **individual** Spartans. The Helots were forced to give half of what they produced to the Spartans who owned the land. Unlike typical slaves, they could not be sold by the Spartans for whom they worked. Also, they had the right to own property and were able to live in their own communities with their own families.

Because the Helots heavily outnumbered the Spartans, the Spartans constantly feared that they would revolt. As a result, Spartans **conformed** to the militaristic ways of their society and often had Helots killed without reason. The Spartans even had a secret police force whose job it was to kill any helot who seemed dangerous.



Spartan Women

Credit: Jean-Jacques-Francois Le Barbier

Women in Sparta had more rights than most women in ancient Greece. They had the freedom to leave their homes and move around town. They were allowed to **compete** in sports, and they could also own and manage property. They received formal educations as young girls and were not responsible for household duties, like cooking and cleaning, as adults.

Spartan women, however, did not have complete freedom of choice. They could not participate in politics. They were assigned husbands at the age of 18 and they were pressured by the government to produce strong baby boys who would become strong warriors. Also, the women did not have a say when their male children were taken away from them at seven years of age to train for the military. Spartan women were also forced to shave their heads before getting married and to maintain their hair short after marriage. Women were also required to live apart from their husbands until the men turned 30.



Spartan Citizen-Soldiers

Spartan soldiers were admired throughout the Greek world and beyond. They were the best trained and most feared soldiers in all of Greece. Training started for them at the tender age of seven!

Spartan society emphasized that it was dishonorable for soldiers to be afraid and honorable to die for Sparta. Soldiers' wives were expected to shame their husbands if they did not fight bravely. Even soldiers' mothers would tell their sons, "Either come back with your shield or on it." Men who were considered cowards were **ostracized** and denied all civil rights.

Soldiers were not allowed to live with their wives and children until they reached the age of 30. Rather, they lived in barracks with other soldiers and had to sneak away to see their families. Unless they were in the upper ranks of government, soldiers could not propose laws, make recommendations, or debate the issues that concerned them. They were only allowed to vote "yes" or "no" in the assembly.

Take a Perspective

The table below lists the different historical people you read about on the previous pages. Imagine that each of these people was asked to rate their city-state with a thumbs up or a thumbs down. Using evidence from the previous pages, complete the table.

Who is the rater?	Thumbs up or down?	Why might he or she give this rating? Explain using evidence from previous pages.	What might these raters think of the others? Finish the sentence using evidence.
A Woman Living in Sparta	 _____ rating for Sparta		As a woman of Sparta, I think women in Athens are...
A Woman Living in Athens	 _____ rating for Athens		As a woman of Athens, I think women in Sparta are...
A Young Man in Athens Studying with Socrates	 _____ rating for Athens		As a scholar in Athens, I think Spartan soldiers are...
A Spartan Soldier	 _____ rating for Sparta		As a Spartan soldier, I think young scholars in Athens are...
A Helot in Sparta	 _____ rating for Sparta		As a helot in Sparta, I think Athenian slaves are...
A Slave in Athens	 _____ rating for Athens		As a slave in Athens, I think Spartan Helots are...

- Skim the twenty facts in the chart. Some are similar to facts you've already read. Using these facts, decide which city-state you think is better. Finally, select five facts you would use to defend your side and discuss them with a partner.

GOVERNMENT

- 1) Athens was a **democracy**. Thousands of citizens directly took part in making major decisions for the city-state by debating and voting. Athens even expanded its **democracy** by paying people to attend the assembly, which made it easier for the poor to participate.
- 2) Only male citizens could take part in Athens' **democracy**. Women, foreigners, and thousands of slaves could not vote.
- 3) Sparta had two kings and a group of elder counselors. This kept any single ruler from having too much power.
- 4) There was an assembly of Spartan citizens (although women were not included) but they were not allowed to debate and could only vote "yes" or "no." The kings and counselors had all the real decision-making power in Sparta.

MILITARY

- 5) Starting at age seven, every male citizen of Sparta had to train to be a soldier. They did not have a choice. Sometimes food was not given to Spartan boys during this training, so they would have to find or steal it to survive.
- 6) Spartans were seen by the other city-states as an **elite** military force, the best and bravest of all Greek soldiers. Because every Spartan male citizen had to spend his life as a soldier, differences between rich and poor remained fairly small.
- 7) Athenian soldiers (hoplites) were not professional soldiers. They were largely untrained, but those who chose to fight still did so very bravely.
- 8) The Athenian army defeated the Persians at the Battle of Marathon even though they were outnumbered 4 to 1.

CULTURE

- 9) Athens built several temples and other buildings that are still regarded as among the most beautiful in the world. Athens was also a center of art, theater, science, and philosophy. The Athenian philosopher Socrates is still admired today for seeking truth through debates with his students in the streets of Athens. He was one of many great thinkers who made Athens famous as a place of learning.
- 10) Some **individual** achievement was valued in Athens, but not all. Socrates was critical of Athens' government, and in 399 BCE, he was accused of corrupting the young and was sentenced to die by drinking poison.
- 11) Spartan children were raised to live very simply, without a lot of possessions. Furthermore, no one in Sparta was allowed to own luxuries like silver and gold. They valued the military and service to Sparta above all.
- 12) The culture of Sparta was one of **conformity**. It also supported the shaming of soldiers who did not fight bravely. A common saying of mothers to their soldier sons was, "Either come back with your shield or on it."

SLAVES AND HELOTS

- 13) Sparta had as many as 200,000 Helots. These were people who had been conquered and who had no rights as Spartan citizens. Every year, Sparta declared war on its Helots so that officials could legally kill any helot thought to be causing trouble.
- 14) Spartan Helots were **ostracized** from Spartan society but were probably allowed to live in their own communities with their own families and could not be sold like regular slaves.
- 15) Athens may have had as many as 80,000 slaves in the fifth century, out of a population of about 250,000. These slaves had no rights, could be sold to anyone anywhere, and were sometimes forced to work in conditions that were deadly.
- 16) Historical evidence suggests that Athenian slaves were treated less badly than slaves in other city-states. Some were even given the high positions of police officers and tutors.

WOMEN AND GIRLS

- 17) Women in Sparta could own property, and they had much more control over their lives than women in other Greek city-states. Girls in Sparta could mix freely with boys, and like the boys, they received intense physical training and **competed** in sports.
- 18) Women in Sparta could not participate in politics, were assigned husbands at the age of 18, and were forced to give up their sons when the boys turned seven years old.
- 19) Athenian women could not own property and were considered to be the property of men. They did not have the same freedoms as men to move about and had no voice in politics.
- 20) Athenian women were allowed to leave their homes to do work and errands and to visit friends. Some also had great influence in smaller villages and groups of households.

Our friends from the Reader's Theater (Cora, Ramona, Josh, and Hiroshi) read the same fact sheet that you just read on page 10 in preparation for their class debate. Read their class discussion below and play close attention to how they are using the facts in discussion. Finally, use their discussion to complete the activities on the next page.

Ms. Thomas: All right, everyone. Let's get this classroom discussion started. Cora! I see from your eye movements that you are brimming with excitement! Why don't you start us off? Was it better to be an Athenian or a Spartan, and why?

Cora: I wasn't rolling my eyes, Ms. T. My eyes are just hurting. Anyway, I think Athens would be a better place to live so I'd probably want to be an Athenian.

Ms. Thomas: And why do you think that?

Cora: Well, Athens was more **democratic**, so more people had a say. Fact #1 says that thousands of citizens got to make major decisions in Athens and Fact #4 says that only a few people, kings and the like, got to make decisions in Sparta.

Ms. Thomas: And why is having more of a say better?

Cora: I don't know. People are happier? I think if people have more power over their lives they're happier.

Josh: I don't agree. I think that not making decisions is actually less work. So maybe Spartans were happier because they didn't have to work so hard making decisions. Their kings decided for them.

Ms. Thomas: Unfortunately, I don't think we have evidence of who was happier back then, so maybe we can take this in another direction?

Hiroshi: Ms. Thomas?

Ms. Thomas: What do you think, Hiro?

Hiroshi: Sparta was the man! Sorry, I mean I think Sparta was better than Athens because they had the best military. It says right there in Fact #6. So Sparta never had to worry about being safe because their soldiers were the greatest. I could see myself helping protect Sparta from invaders!

Ramona: I see what Hiro's saying, but Fact #8 says that the Athenian soldiers beat the Persians in a battle even when they were outnumbered by the Persians. So even if the army in Athens was not as well trained as the Spartans, like Fact #7 says, it seems like their army was still good enough to keep their city-state safe.

Hiroshi: But Ramona, Fact #6 says the other city-states thought Sparta had the best soldiers, which means Athens knew that Sparta could beat them, so they were probably scared. Sparta rules!

Ramona: You're forgetting one thing though, Hiro. According to Facts #5 and #7, Athenian soldiers chose to fight while Spartan soldiers did not have a choice. I know that when I choose to do something, I do it a lot better than if I'm forced to do something. Maybe the Athenian army was the same way.

Ms. Thomas: Let's get more voices in this conversation. Josh, where do you fall in this debate?

Josh: I'm thinking Athens was better because they had smarter people. Like Fact #9 says they studied a lot of science and philosophy. It sounds like they valued **individual** achievement, which I think is much better than all Spartan's **conformity**. Why be like everyone else when you can be unique?

Cora: Smarter people? That sounds totally **elitist**. Plus, the Athenian people didn't always do smart things. Look at Fact #10. They killed a really great philosopher, Socrates, just because he complained about the government. They killed their **nonconformists**. Pretty terrible.

Josh: Sparta did some strange things, too. If Fact #11 is right, their children weren't allowed to own anything. I can't imagine not having stuff. I think I would die without my Xbox. Those Spartan kids must have been pretty bored.

Cora: Josh, there were no Xboxes back then, and there are plenty of games kids can play without using gadgets. I saw you playing tag at recess; all you needed were your friends. I think people today are greedy and so materialistic. Spartans knew what was important.

Ms. Thomas: What do you think, Ramona?

Ramona: I think Sparta was definitely better than Athens.

Ms. Thomas: Definitely? Say more.

Ramona: Well, Helots in Sparta were treated better than slaves in Athens. Facts #14 and #15 say that Helots got to live with their own families and they couldn't be sold like slaves, while slaves in Athens could be sold and sometimes they died while working.

Hiroshi: Except that Fact #13 says that Helots could be killed if people thought they were causing trouble. I bet anything there were lots of Helots who were killed who were completely innocent. So I think slaves in Athens had a better chance of living a better life because every helot had to be living in fear.

Ramona: I don't know about that. But I do know that Spartan women had it better than women in Athens. Facts #17 and #19 say that women in Sparta could own property while women in Athens were pieces of property.

Hiroshi: True. But Fact #20 makes me think that Athenian women weren't completely miserable. They could work and have friends and they even had lots of power in some places.

Ramona: Hiroshi, I think you're exaggerating the facts. Fact #20 says that some Athenian women had "great influence in smaller villages and groups of households." I think that's a bit different from all the women having lots of power. In the big picture, I think women were pretty much **ostracized** from everything that was really important in Athens.

(Bell rings.)

Ms. Thomas: Ok, class, that's all the time we have. I'm looking forward to tomorrow's debate; I have a feeling it's going to be quite a **competition!**

A Class Discussion about a Class Discussion

 Talk about and write brief responses to the questions below with a partner. Use your responses to help you participate in the whole-class discussion.

- 1) On a scale of 1 to 10, how good was the discussion by the Reader's Theater characters? Circle your rating on the scale below and explain why you choose it.



We chose this rating because _____

- 2) Look at the picture below. What might you infer about the ancient Spartans from the picture? Give one inference that is based on some kind of evidence and create another that is based on opinions or a guess.



Evidence-based inference	Inference based on opinion or guess

- 3) When Hiroshi and Ramona were talking about Sparta's and Athens' militaries, they used more than one fact to support their opinions. Why is it better to use more than one fact when supporting your opinion?

- 4) When Josh and Cora were talking about Spartans and how they lived with few possessions, Josh connected a historical fact to his own life. Why is making this kind of connection sometimes not a good thing?

- 5) At the end of the discussion, Hiroshi exaggerates Fact #20 and Ramona doesn't let him get away with it. How can you avoid exaggerating the facts in the debate?

Take a Stand!

Take a stand for Sparta or Athens. Record the facts from page 10 that you chose, and explain why they support your stance. You can use these facts and your explanations to support your position during the debate.

I think that _____
Sparta | Athens
was the better city-state overall.

List the facts your group chose by number. Explain how each fact supports your perspective.

- Fact # _____ because _____

Add any additional evidence or facts about Greece and explain how they support your argument.

How will you argue against the other side? Think about how the other group will use facts to support their argument.

If they say _____

then we'll say _____

Be sure to consider:

- Did they use evidence to support their argument?
- Did they challenge the other group's arguments well?
- Did their arguments make sense?

During and After the Debate

	Notes on the Argument	Strengths & Weaknesses	Focus Words My Group Member Used	Feedback for My Group Member
Example →	Clearly supported Sparta.	<ul style="list-style-type: none"> • asked authentic questions • supported the group's argument • responded to challenge from the other group • listened and waited her turn to speak 	<input type="checkbox"/> democratic <input checked="" type="checkbox"/> elitist <input type="checkbox"/> competitive <input type="checkbox"/> ostracize <input checked="" type="checkbox"/> individualism <input type="checkbox"/> conformity	Use "what if" statements to challenge opposing arguments.
My group Student names: _____ _____ _____ _____			<input type="checkbox"/> democratic <input type="checkbox"/> elitist <input type="checkbox"/> competitive <input type="checkbox"/> ostracize <input type="checkbox"/> individualism <input type="checkbox"/> conformity	

 **What did you learn from this debate?**
 Did you change your mind? Why or why not?

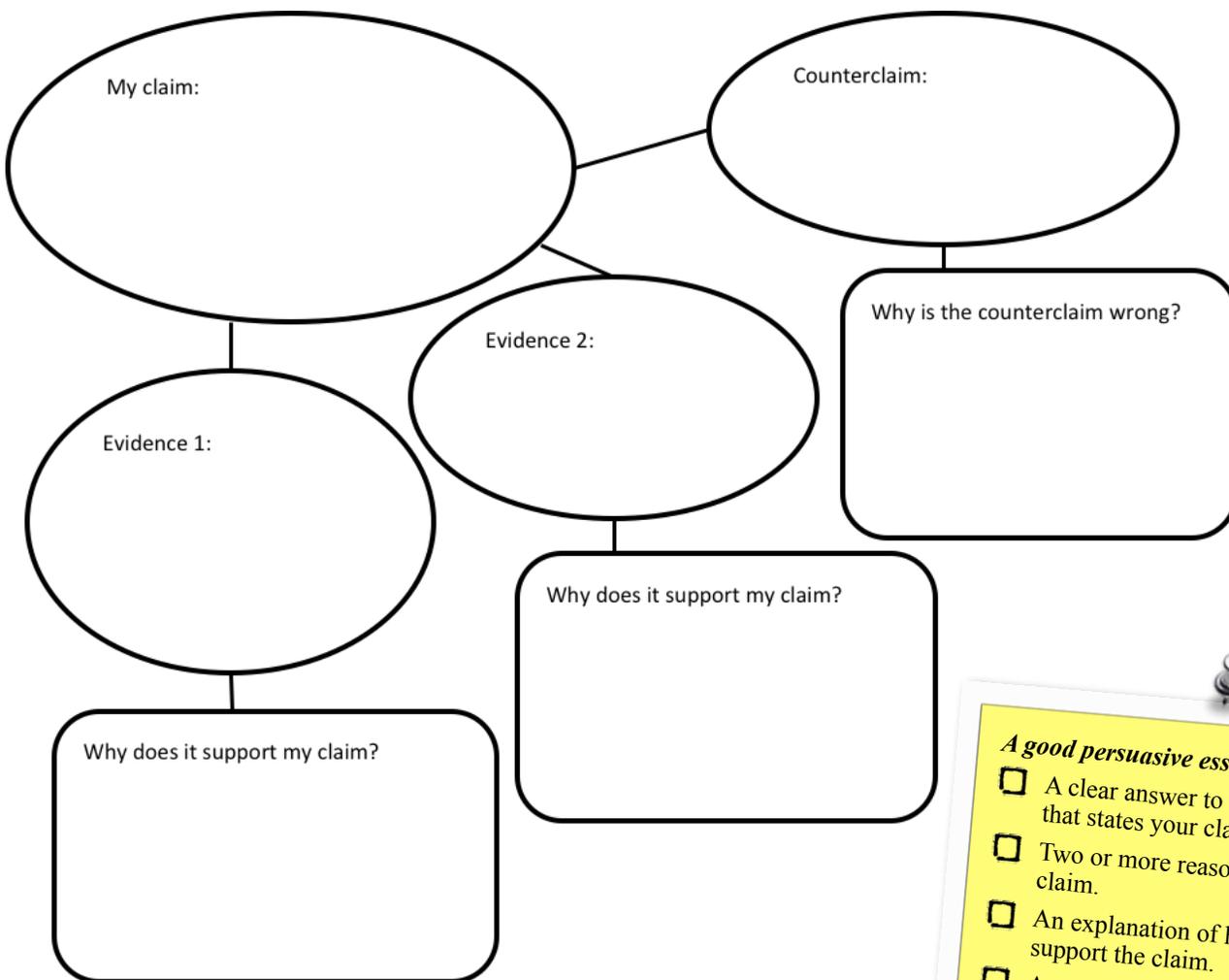
Focus Words

democratic | elitist | competitive | ostracize | individualism | conformity

 Write a brief essay responding to the following question:

→ **Was it better to be an Athenian or a Spartan?**

Use the graphic organizer below and the components of persuasive essays on the box to plan your writing.



A good persuasive essay includes:

- A clear answer to the debate question that states your claim.
- Two or more reasons that support the claim.
- An explanation of how those reasons support the claim.
- A counterclaim, or reason why people oppose the claim.
- An explanation of why the counterclaim is not good or valid.
- A conclusion that summarizes the claim or answer.

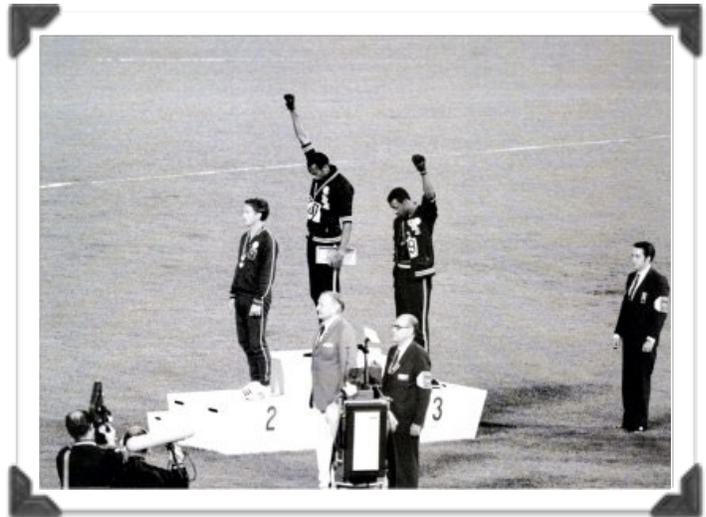
Prior to the start of *The Hunger Games* **competition**, Katniss Everdeen and Peeta Mellark are introduced to Panem's **elite** in an opening ceremony that is similar to that of the modern Olympic Games. Tributes from Panem's twelve districts are supposed to wear costumes that reflect the **individual** character of their district. Additionally, before they enter the arena, the characters are interviewed on television and talk about their personal lives. These two details from the book are similar to what you might expect to see throughout the modern Olympic games.

- ▶ democratic
- ▶ elitist
- ▶ competitive
- ▶ ostracize
- ▶ individualism
- ▶ conformity

And there are a few other similarities between Suzanne Collins's *The Hunger Games* and both the ancient and modern Olympics that may be worth considering. For example, in ancient Greece, the winners of the **competitions** became celebrities in their cities and often were promised meals for the rest of their lives for bringing this victory home. Similarly, in *The Hunger Games*, the survivors of the annual **competition** are given a large home and a comfortable life in their district for the rest of their lives.

Suzanne Collins may have included some important events from the modern Olympics in her novel as well. Just after Katniss Everdeen volunteers for the annual Hunger Games, there is an expectation that the people of District 12 will cheer as they send two more of their young people to fight to the death in this barbaric annual **competition**. But instead of cheering, they press their three middle fingers to their lips and hold them up high. There is no applause. This is the sign of respect in District 12 and a rare opportunity to show that they have no allegiance to their rulers. During the **competition**, Katniss again makes this sign for all of Panem to witness. In a nation with no **democratic** process, this was a small opportunity for her to show her opposition to this event.

Compare that to an event that happened during the 1968 summer Olympics in Mexico City, when two African-American members of the United States Olympic track team earned the gold and bronze medals in the 200-meter dash. Tommie Smith and John Carlos were **individualists** who expressed their beliefs when they received their medals. Before stepping up to the podium, they took off their shoes to reveal black socks that represented poverty among African Americans in the United States. Each of them also wore one black glove, and raised that fist to the crowd. They did this to show their support for the Black Power movement, which opposed racism and worked to empower people of African heritage. After this action known as the Black Power Salute, both runners were **ostracized** in the Olympic Village for introducing politics into the games, and eventually dismissed from the Olympic Games. But like Katniss, Smith and Carlos gave many people hope for change.



“Black Power Salute”

Americans Tommie Smith and John Carlos at the 1968 Olympics (photo: art.com)

Mini-glossary

barbaric - extremely cruel

opposition - strong or angry disagreement



For Discussion:

What do fictional characters like Katniss Everdeen suggest about the role of power in societies where people feel like they have little or no power? Compare the actions of this fictional character to the historical figures Tommie Smith and John Carlos. How were they similar? Think of other symbols used as a sign of protest.

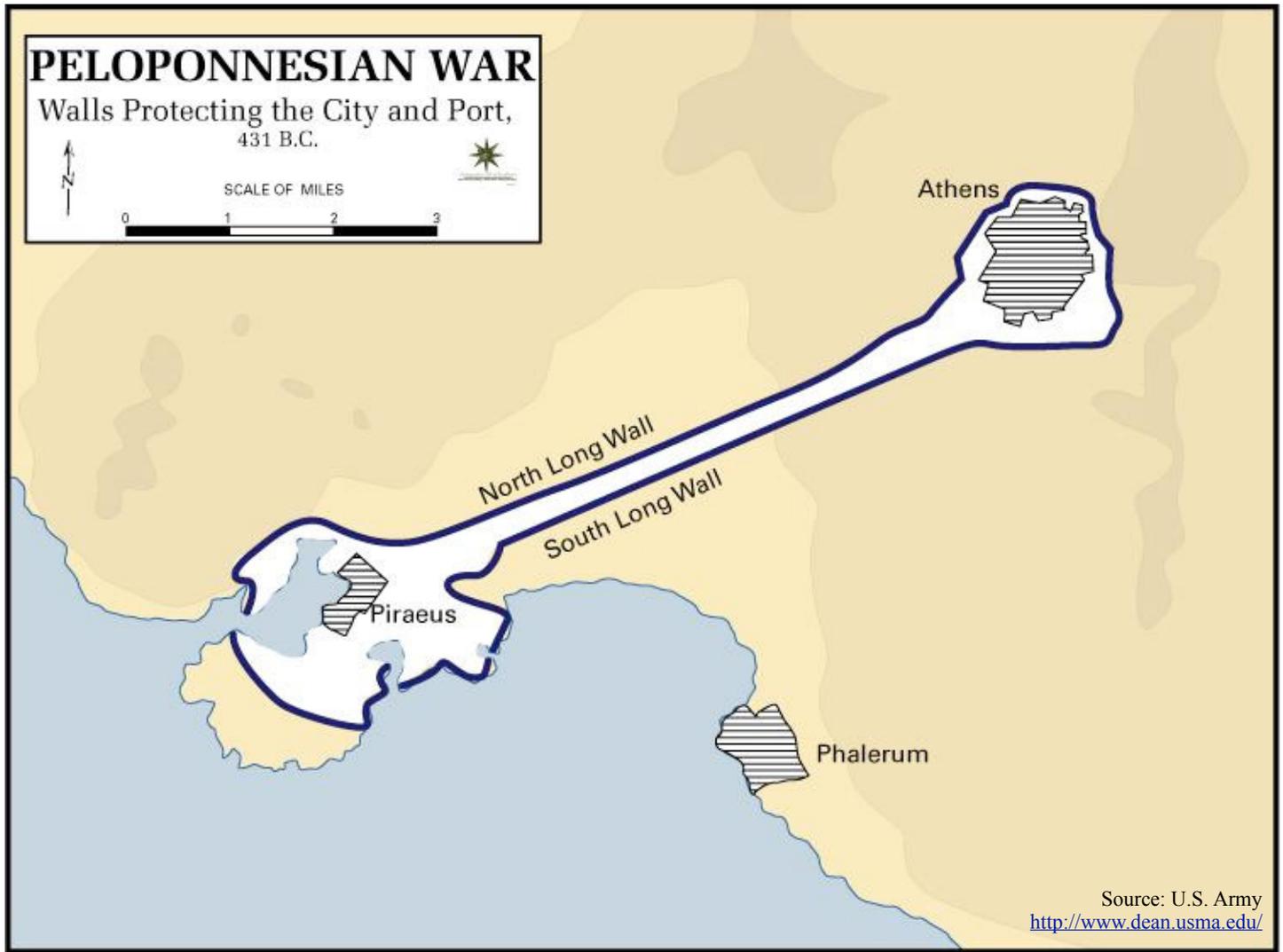
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Source: U.S. Army
<http://www.dean.usma.edu/>

Athenians went to great lengths to protect their supply lines from the Spartans. As you can see from the map above, they built huge walls that surrounded Athens and the nearby port of Piraeus. They also walled off a corridor connecting the two.

Even though Athenian leader Pericles was known for supporting **democracy**, he required that all citizens **conform** to an important restriction. He said that Athenians must remain within the walls of their city. This was to protect them from the Spartans. Back then, attacking armies could not wage a **competitive** battle against a walled city.

Living inside a walled city meant that the Athenians had to depend on the naval fleet for almost everything, which made for a strong support network between the Athenians and the naval fleet. This included protecting citizens from attack as well as importing food for the city-state.

1. Examine the scale of the map. From this scale, estimate the distance from the port of Piraeus to Athens.
2. If it took an Athenian runner 11 minutes to run 2 miles, then at that rate, how long would it take the runner to get from Athens to Piraeus? At what rate is the runner running?
3. The Spartans tore down the Long Walls in 404 BCE. The Athenians had finished building them 39 years earlier. In what year were the walls finished? Sketch a timeline to justify your answer.

- ▶ democratic
- ▶ elitist
- ▶ competitive
- ▶ ostracize
- ▶ individualism
- ▶ conformity

➔ **Challenge:** Estimate the total area of the walled land in square miles.

Discussion: Considering the circumstances of the walled-in Athenians, which form of government do you think might develop? A **democratic** society or one controlled by an **elite** few? Why? Finally, what effect might living within a walled city have on one's **individualism**?

Walls around cities might protect people from invading armies but not from a horrific plague!

When Pericles ordered the Athenians to stay within the walls of Athens for their own protection, they obeyed despite their **democratic** ways. But Pericles probably did not realize what could happen by crowding Athenians together in this way. The overcrowding allowed a disease to spread through the people that caused as much suffering as a Spartan invasion. The Plague of Athens was a terrible epidemic that killed about a third of the population. In fact, Pericles himself was killed by the plague, along with many members of the religious **elite**. This caused many Athenians to feel **ostracized** by the gods, and some even thought the gods had begun supporting the Spartans.

- ▶ democratic
- ▶ elitist
- ▶ competitive
- ▶ ostracize
- ▶ individualism
- ▶ conformity

The particular germ that caused the Plague of Athens may never be known. Some scientists think it was typhoid, while a **competing** idea is that it was anthrax, which was brought to the city and transmitted through cows, horses, and other livestock. But whatever it was, the conditions within the walled city made the contagious disease more dangerous.

Below is a list of some factors that may have contributed to this outbreak of disease in 430 BCE. With a partner, read and discuss each of the conditions. Then, consider whether that same condition exists anywhere in the world today. Finally, consider whether the condition exists in your community.

Conditions within the walled city of Athens in 430 BCE	Do these conditions still occur in the world today?	Do they occur in your community?
overly crowded cities	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure
food shortages and contamination	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure
lack of clean water	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure
keeping farm animals within human living areas	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure
difficulty controlling rodents, insects, fleas, lice	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure
problems disposing of human waste properly	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure
reliance on food imported on ships	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> not sure



Communities, including the community where you live, have regulations to help prevent unsafe health conditions like those listed above. You may have noticed rules posted on signs at restaurants, stores, public pools, playgrounds, or near waste containers. Community rules are developed and approved through a **democratic** process.

List some rules that you have seen on signs in your community.

1. _____
2. _____
3. _____



After you and your partner recall a few rules you have seen posted, have a class discussion about health codes and disease prevention. How important is it to **conform** to these rules? Do these rules infringe upon your **individualism**?

→ Focus Word or * related form	Definition	Sample Sentences	🗨️ Turn and Talk
→ democratic adjective	1. concerned with the good of the people 2. describing a government in which citizens can vote to elect their leaders	Though Athens had democracy , their society was not at all democratic . In Athens, women were thought of as the property of men.	Is it democratic to require all bicyclists to wear helmets?
* democracy noun	a system of government in which citizens can vote to elect their leaders	Athens even expanded its democracy by paying people to attend the assembly, which made it easier for the poor to participate.	How would a class president be elected in a democracy ?
→ elitist adjective	supporting the belief that a small, privileged group of people deserves special treatment and power	They're total elitists and I don't want them telling me that I'm dumb just because I don't get straight A's.	An elitist group of students just formed a club that only certain students are allowed to join. Is this fair? Why or why not?
* elite noun	a small group of people considered to be the best (most wealthy, most educated, most athletic, etc.)	The highest ranked slaves, elites within this group, were given important roles such as police officers and tutors	The elite in most places are usually rich and well-educated. Are there elite groups within our democracy? What makes these people part of the elite ?
→ competitive adjective	determined to be better at something or more successful than others	They are so competitive in sports that they're out of control. All they care about is being the best in football, basketball, baseball, and track.	In general, are you a competitive person? Why or why not?
* compete verb	to fight or struggle for something important in sports, academics, business, etc.	Athletes from around the world compete against each other in sports events.	Would you rather compete in academics or compete in an athletic event?
→ to ostracize verb	1. to exclude a person or group 2. (in ancient Greece) to banish someone through a popular vote	All they care about is being the best in football, basketball, baseball and track. I heard that if you're not a good athlete they completely ostracize you.	Imagine a student in your class is being ostracized for not wearing nice clothes. What can you do to make this situation better?
→ individualism noun	the belief that the interests of the individual are of the greatest importance	In many Greek city-states, the people believed in individualism ; as a result, they excelled in their own ways.	Do you think your school values individualism ? Why or why not?
* individualist noun	a person who does things without being concerned about what other people think	The students at Glendale think they are such independent thinkers, big individualists . But they're just as conformist as Riverside.	Describe an example of someone who appears to be an individualist in sports, music, TV, film, or books.
→ conformity noun	agreement about the way things are commonly done in a society, in the armed forces, sports, etc.	Sparta stressed conformity over individualism. That is, Spartans were taught to obey, fight, and die for Sparta.	Some people believe school uniforms promote conformity , which helps students to follow the rules. What do you think?
* conformist noun	a person who normally does or agrees with what others do	So, the big issue is: would you rather be a conformist or an individualist?	Some people conform to what others say is fashionable. What fashion trends do you see other students conforming to in your school? Would you call yourself or someone you know a conformist ?