

# Essential Academic & Social Behaviors Rubric

Standard	Learning Target	<b>EXCEEDS</b> "I've got this and I'm pushing myself to do more."	<b>MASTERY</b> "I did what I was supposed to do."	<b>NEAR MASTERY</b> "I did enough to get by."	<b>NOT YET</b> "This is difficult for me and I haven't developed this skill yet."
<p><i>Independently Stays on A Required Task</i></p> <p style="text-align: center;"><b>Self-Management</b></p> <p>Standard: The ability to manage one's emotions, thoughts, and behaviors effectively in different situations and achieve goals and aspirations.</p>	<p><b>Learning Target 1:</b></p> <p><b>I successfully manage myself in class and display appropriate behaviors.</b></p>	<ul style="list-style-type: none"> <li>● I am prepared for class and fully engage in class activities and I am a leader in the classroom.</li> <li>● I ask for help when needed and offer assistance to others in the classroom when they need it.</li> <li>● I engage others in academic discussion by asking them questions to further the learning of myself and my classmates.</li> </ul>	<ul style="list-style-type: none"> <li>● I actively engage in class activities throughout the entire class period appropriately.</li> <li>● I ask for help when I need it.</li> <li>● I come prepared to class and complete quality work on time.</li> </ul>	<ul style="list-style-type: none"> <li>● Sometimes I need reminders from my teacher to participate and engage in class activities appropriately.</li> <li>● I sometimes ask for help when I need it.</li> <li>● I sometimes come to class without the work or materials that I need.</li> </ul>	<ul style="list-style-type: none"> <li>● I often do not engage in class activities.</li> <li>● I do not ask for help when I need it.</li> <li>● I often come to class without the materials or work that I need.</li> </ul>

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<p><i>Self-Monitoring</i></p> <p style="text-align: center;"><b>Self-Management</b></p> <p>Standard: The abilities to manage one's emotions, thoughts and behaviors effectively in different situations and to achieve goals and aspirations.</p>	<p><b>Learning Target 2:</b></p> <p style="text-align: center;"><b>I can meet behavior expectations and manage time to maximize my learning.</b></p>	<ul style="list-style-type: none"> <li>● I transition quickly and assist others in transition when they need help.</li> <li>● I respect the space of others and am a positive leader.</li> <li>● I am early and prepared to begin before the expected time.</li> </ul>	<ul style="list-style-type: none"> <li>● I meet the expectations of transitioning (between instructional activities, in the halls, etc).</li> <li>● I respect the personal space of others.</li> <li>● I am where I am supposed to be on time.</li> </ul>	<ul style="list-style-type: none"> <li>● I sometimes need reminders to manage behaviors in the hallways, restrooms, or during unstructured times.</li> <li>● At times I struggle to respect the personal space of others.</li> <li>● At times I may need reminders to go where I need to be or to be on time.</li> </ul>	<ul style="list-style-type: none"> <li>● I often need reminders to manage behaviors in the hallways, restrooms, or during unstructured times.</li> <li>● I struggle to respect the personal space of others.</li> <li>● I need reminders to go where I need to be or to be on time.</li> </ul>
<p><i>Respect for property &amp; materials</i></p> <p style="text-align: center;"><b>Responsible Decision-Making</b></p> <p>Standard: The ability to make caring and constructive choices about personal behavior and social interactions across diverse situations.</p>	<p><b>Learning Target 3:</b></p> <p style="text-align: center;"><b>I can use resources and materials responsibly.</b></p>	<ul style="list-style-type: none"> <li>● I leave the classroom/work space looking better than I found it.</li> <li>● I help others clean up and put things away.</li> <li>● I care for my belongings as well as others' belongings.</li> </ul>	<ul style="list-style-type: none"> <li>● I keep my work and work space organized.</li> <li>● I clean up and put things away when I am finished.</li> <li>● I show respect for other people's property.</li> </ul>	<ul style="list-style-type: none"> <li>● My workspace is sometimes a mess.</li> <li>● I sometimes clean up and put things away when I am done.</li> <li>● At times I do not show respect for the property of others or classroom materials.</li> </ul>	<ul style="list-style-type: none"> <li>● My workspace is messy.</li> <li>● I do not clean up after myself.</li> <li>● I have damaged materials in the classroom/school.</li> </ul>

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<p style="text-align: center;"><i>Responsible Decision Making</i></p> <p style="text-align: center;"><b>Relationship Skills &amp; Social Awareness</b></p> <p style="text-align: center;">Standards:</p> <p>(Relationship Skills) The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.</p> <p>(Social Awareness) The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.</p>	<p style="text-align: center;"><b>Learning Target 4:</b></p> <p style="text-align: center;"><b>I demonstrate appropriate verbal and physical interactions with peers and adults.</b></p>	<ul style="list-style-type: none"> <li>● I make sure everyone is included and am willing to work with anyone.</li> <li>● I am an active listener when others are talking.</li> <li>● I am always kind and help others who are struggling.</li> <li>● I am a leader in actions, thoughts, and words.</li> </ul>	<ul style="list-style-type: none"> <li>● I respect others and their learning.</li> <li>● I do not blurt out or talk when others are talking.</li> <li>● I engage in effective group work.</li> </ul>	<ul style="list-style-type: none"> <li>● I sometimes blurt out in class or have off task side conversations that impact others around me.</li> <li>● I sometimes need reminders from the teacher to be respectful in my words and actions with others.</li> <li>● I sometimes need reminders from my teacher to engage appropriately with my peers during group work.</li> </ul>	<ul style="list-style-type: none"> <li>● I often talk or blurt out in class which disrupt others.</li> <li>● I often need reminders from the teacher to be respectful in my words and actions with others.</li> <li>● I often do not engage appropriately in group work and need many reminders to do so.</li> </ul>
<p style="text-align: center;"><i>Belief in myself &amp; my abilities</i></p> <p style="text-align: center;"><b>Self-Awareness</b></p> <p>Standard: The abilities to understand one's own emotions, thoughts, and values and how they influence behavior across contexts.</p>	<p style="text-align: center;"><b>Learning Target 5:</b></p> <p style="text-align: center;"><b>I value the abilities and diverse nature of myself and others.</b></p>	<ul style="list-style-type: none"> <li>● I have a growth mindset and encourage my peers to as well.</li> <li>● I encourage others to respect the actions, thoughts, and words of each other.</li> <li>● I celebrate the growth of myself and others.</li> </ul>	<ul style="list-style-type: none"> <li>● I have a positive attitude and a growth mindset.</li> <li>● I respect the emotions, thoughts and values of my peers.</li> <li>● I am a positive leader in the classroom.</li> </ul>	<ul style="list-style-type: none"> <li>● Sometimes I have a negative attitude about learning.</li> <li>● I sometimes need reminders to put more effort into my work.</li> <li>● I sometimes need reminders from my teacher to respect the emotions, thoughts, and values of my peers.</li> </ul>	<ul style="list-style-type: none"> <li>● I often have a fixed mindset.</li> <li>● I often do not put my best effort forward.</li> <li>● I often do not respect the emotions, thoughts and values of my peers.</li> </ul>

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<p style="text-align: center;"><i>Volition &amp; Grit</i></p> <p style="text-align: center;"><b>Self - Awareness</b></p> <p>Standard: The abilities to understand one's own emotions, thoughts, and values and how they influence behavior across contexts</p>	<p style="text-align: center;"><b>Learning Target 6:</b></p> <p style="text-align: center;"><b>I persevere through challenges.</b></p>	<ul style="list-style-type: none"> <li>● I demonstrate problem solving skills to work through challenges until I complete a task successfully and help/encourage my peers to do so.</li> <li>● I produce independent work that shows deep levels of understanding beyond what is expected by my teacher.</li> <li>● I use my resources to find new strategies to demonstrate my learning when I am stuck.</li> </ul>	<ul style="list-style-type: none"> <li>● I try, even when the work is challenging.</li> <li>● I reflect on my mistakes and try again.</li> <li>● I use multiple strategies to try to master learning targets.</li> </ul>	<ul style="list-style-type: none"> <li>● At times, I need reminders to keep trying when something is challenging me.</li> <li>● Sometimes I don't reflect on my mistakes to further my learning.</li> <li>● I sometimes need reminders to try a different strategy when I am not understanding something.</li> </ul>	<ul style="list-style-type: none"> <li>● I give up easily or often don't even try.</li> <li>● When I make mistakes I do not make an effort to fix them to show further learning.</li> <li>● When I don't understand something I am not willing to try other strategies to understand the concept further.</li> </ul>