

OUTDOOR TIMES

Silly Stories of Camping

The Fun of High Ropes Courses

Top National Parks of 2013 and Why

A Kid's Trip To An Environmental
Learning Center

White Water Rafting in Alaska



EDITOR IN CHIEF: HANNAH RAMSHAK

Outdoor Times

Camping in the Desert

Indestructable Suburban

Whitewater Rafting in the Desert

Giant Sandstone Arches

Forewheeling on Petrified Sand Dunes

Editor in Chief: Hannah Ramshak



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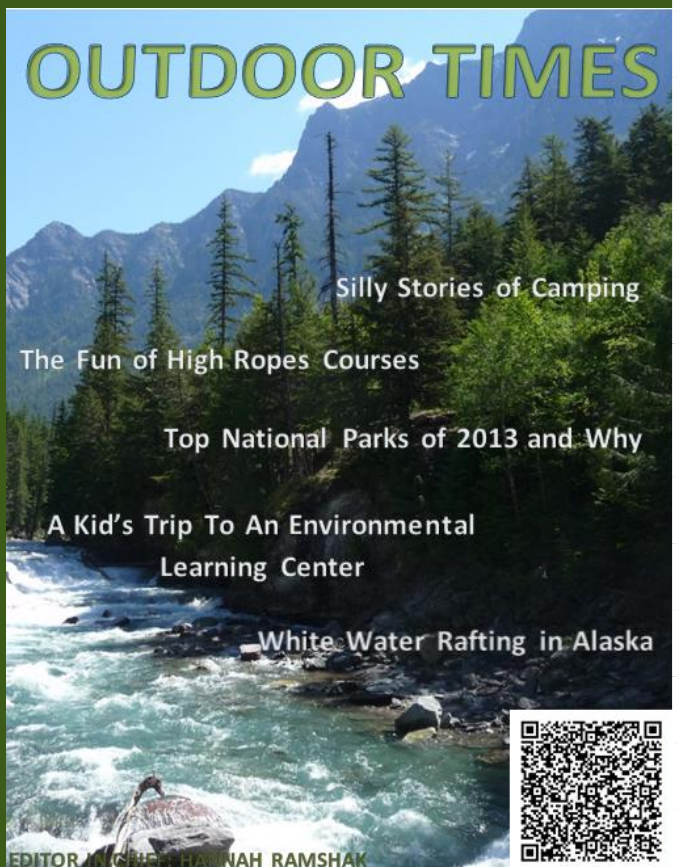


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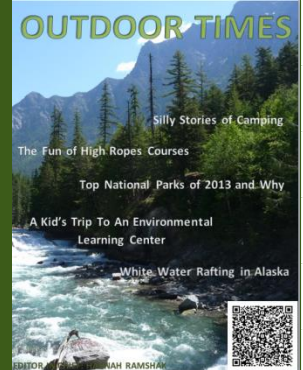
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Letter From

Hello, ladies and gentlemen. My name is Hannah Ramshak. I am currently in 6th grade at Fox West Academy. You may be thinking, "How are you an Editor in Chief of a National Magazine," or, "Isn't she too young?" No I am not, thank you very much.

My magazine focuses on outdoor times. You probably figured out how we got our name. The magazines focus is on outdoor times and the title is "Outdoor Times".

This magazine focuses on things like camping, hiking, rock-climbing, and more things to do outside in the Northern US. If you need more things that will be going on in the magazine are white water rafting and even the top national parks of 2013.

My family was a big part of inspiration for this magazine. We are big in to the outdoors and I've grown up with the outdoors, so it was perfect. We had a cabin in Northern Wisconsin and most weekends in summer we were there. So it was perfect.

Some of my favorite things to do are rock climbing, high ropes, for wheeling, snowmobiling, tubing, and more. Some of the things that I liked to do were once in a while, while others were at least monthly. I hoped this magazine would capture all of those things.

Now it's time to read. So go! Don't want to keep you waiting.



The Editor

Letters To

Dear Editor,

I think that the magazine was fantastic. I think that you need to do more facts for the people that don't go camping that much. Some things that you should put in is what kind of Bug Spray, tents, sunscreen, food that's easy to make, etc. I would like if you could put in there of like what you use.

Thalia Mann

Dear Thalia,

Thank you for considering other people's needs. I will most certainly make sure we include some of those tips in our next magazine. Again, thank you .

Hannah Ramshak

Dear Editor,

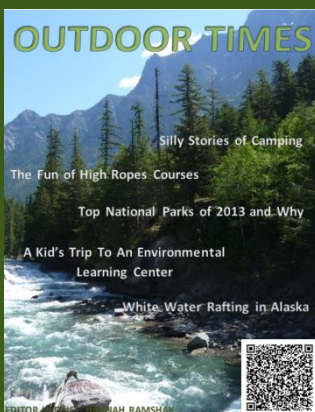
I really enjoyed your last issue of your magazine. I was happy to see that you incorporated camping into the issue! I got a lot of new tips for camping and I learned new things to do while camping. For example I now have a new way to get bugs away with the new mosquito spray formula that you had last issue, it works very well! I'm looking forward to all of your magazines to come and I can't wait for the next one!

Carson Buss

Dear Carson,

Thank you so much for your response. I love when my readers love the magazine and then respond. It is very touching to me. Again, thank you.

Hannah Ramshak



The Editor



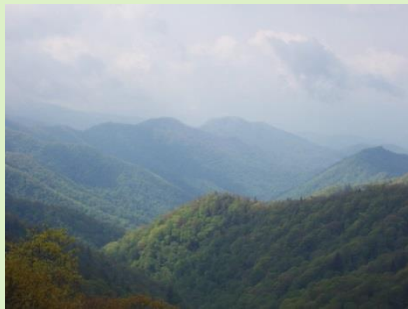
Come and Visit The Top 10 National Parks and Have an Adventure

By: Rachel Jahner

1. GREAT SMOKY MOUNTAINS

The Great Smoky Mountains are located in both North Carolina and Tennessee. This park is the nation's busiest park, with more than nine million visitors a year, which is twice the number of any other national park. The park is 521,896 acres with 384 miles of scenic mountain roads.

During the winter months, the parks roads may be closed due to



snow and ice, especially at night when melting snow and ice could refreeze on the roads. While there are 800 miles of hiking trails, from a half-mile to 70 miles long, most visitors will stay in their car to view the beautiful park instead of walking the trails. With over 700 miles of fishable streams, fishing is quite popular here. The Great Smoky Mountains has so very much to offer. Outdoor lovers can enjoy, pretty much, any type of activity from horseback riding to rafting to zip lines. The high elevation here offers many mountain springs that run down into large rivers and tubing down one of these provides not only fantastic views of the mountains, but is also much fun! Whether you enjoy the challenge of a strenuous hike to the crest of a mountain or prefer to sit quietly and watch the sun set, the Great Smoky Mountains National Park offers a countless amount of activities for

everyone. The hardest part is what to choose to do!

2. Grand Canyon

Nearly five million people travel to the Grand Canyon, found in Arizona, every year, to view the spectacular sight, of the enormous valley that is a mile deep and up to 18 miles wide graced by the Colorado River. Come see the Grand Canyons' impressive views, all 1,902 square miles of it. Hike miles of trails, although, going on a hike is a great way to look at the canyon's beauty, hiking in the canyon can be so demanding that even people in excellent shape can come back very sore and tired. You can schedule a river trip, smooth-water rafting tour or whitewater tour on the Colorado River thru the canyon. Also offered are miles of biking trails in which you can see stunning views and for those who want a



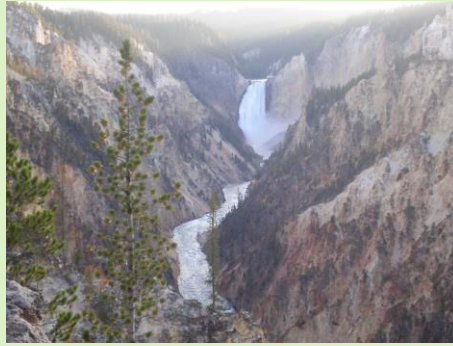
once in the lifetime experience jump on a mule for an adventure ride. Come see and adventure at the most

outstanding gorge in the world: The Grand Canyon.

3. YOSEMITE PARK

Yosemite National Park is located in California. 4 million visitors can be found coming to glance at the park's deep

valleys, ancient sequoia trees, splashing waterfalls and loads of animal species. About 90 percent of them go to the valley, which is a mile-wide, 7 mile-long canyon made by glaciers to enjoy shopping for souvenirs at the stores, eating ice cream and obtaining information about the park. However, it cannot be denied that Yosemite is a place of full of adventure. Whether you like to fish, boat,



in addition to the magnificent mountain scenery, the park is one of the world's main wildlife preserves. Many visitors come



camp, or swim, you will enjoy the crystal clear lakes of Yosemite Park. Many

just to take photos of the wildlife and nature. But that is not all Yellowstone has to offer. Yellowstone Lake is the largest lake in the park. Things to do at this lake include boating with powerboats, canoeing, kayaking and sail boating. You can, also, add in fishing. Whether it be viewing famous sights like Old Faithful, Lower Falls and Yellowstone Lake or day hiking, camping, picnicking, fishing, boating or cross country skiing in addition to much more, Yellowstone has something for everyone. Welcome to nature's wonderland: Yellowstone National Park.

opportunities are available for hiking, rock climbing, and horseback riding. Please remember if you are coming here to pack your golf clubs to enjoy playing on Yosemite golf course, which is one of few organic golf courses in the United States, meaning that no pesticides are used on the course. During the winter, the park is a winter paradise, where you can enjoy skiing, cross country skiing, snowshoeing and ice skating. No matter how crowded this park may get, just look up above the gigantic trees, the crowds will all disappear and you will know why you came to Yosemite National Park: one of the nation's most beautiful natural spaces.

4. YELLOWSTONE PARK

Yellowstone National Park is an unspoiled pleasure to explore with 2,219,789 acres of sprawling wilderness, and it's open year-round for visitors to enjoy. The park is located mostly in Wyoming, but does extend into Montana and Idaho. In

5. ROCKY MOUNTAIN PARK

Take in the awe of the 266,714 acres of evergreen forests, crystal clear mountain lakes and streams, beautiful meadows and towering mountain peaks, located here at Rocky Mountain National Park in Colorado. Here you can hike or backpack on over 350 miles of trails, including Trail Ridge Road, which is the highest paved road in the US. You can rock climb or you can go horseback riding. Many visitors like to fish in the park's mountain lakes and streams. A safe note: if you go to the park in the summer and plan to hike, please be sure to not be out between 12 and 4 pm, as lightning storms are often. But, do not let that keep you away as the Rocky Mountain National Park is truly amazing.

6. OLYMPIC PARK

The Olympic National Park is located in Washington State in the Olympic Peninsula



with over 922,651 acres of unspoiled wilderness. At this park, you can view towering mountains, unspoiled beaches and an amazing rainforest. This is all in one place. The park offers the opportunity to backpack along the beach. The length of the beach makes it possible for multi-day trips. People doing this must be aware of the tide as at times, the narrowest parts of the beach may have their ways blocked as the high tide washes up to the cliffs behind the beach. The park features many hiking trails into the rainforests, but there is always the possibility of rain sometime during the hike. During warm weather, be sure to visit Lake Crescent, which is a deep lake known for its bright blue waters due to its lack of nitrogen in the water which causes the stop of the growth of algae making this lake very popular for swimming and diving plus kayaking, and boating. During the winter, at an elevation of 5,242 feet, Hurricane Ridge, located in the mountain area of the park offers downhill skiing and snowboarding. Few places in the world can offer what Olympic National Park can.

7. GRAND TETON PARK

The towering peaks of the Teton Range rise above Grand Teton National Park in Northwestern Wyoming. Adventure awaits you in the 309,994 acres of this extraordinary National Park. The park's mountain range is very popular among

mountain and rock climbers as the mountains are easy to get to from the road. While most visitors never go far from the road, the Tetons are very popular with hikers as backcountry trails go high into the mountains. There are,



also, easy trails, in the valley, that go around lakes. A guided Raft Trip down the Snake River is something you do not

want to pass up. Whitewater rafting, on the Snake River, is also found here. The park is a desired destination for trout fishing and is one of the few places to catch a Snake River fine-spotted cutthroat trout. Visitors are allowed to snowshoe and cross-country ski, in the snow season and are not restricted to trails. If you have not experienced the adventures that await you at Grand Teton Park, you are really missing out!

8. ZION NATIONAL PARK

Located in the southwestern corner of Utah is the 229 square-mile National Park of Zion. The major attraction of this park is the expansive Zion Canyon. Unlike the Grand Canyon, where the sights are seen looking down, Zion Canyon is viewed from the bottom looking up. This has drawn 2.5 million visitors yearly. One of



the favorite adventure destination spots in the park is the Virgin River, where when the

summer heat is scorching; river tubing is the best way to beat it. Another way to beat the heat is the off-the-beaten path secret Pine Creek Waterfall swimming hole. The trail to this pool is a perfect example of the off-trail opportunities Zion has to offer. Water sports are not all that is found here, as the park is known for famous hikes that have drawn adventure fans from around the world. Zion is, also, a well-known area for rock climbing. Zion Park known as a place of many beautiful images should be put on your list of MUST SEES!

9. ACADIA PARK

Although, Acadia National Park, located on the coast of Maine and at 49,600 acres, is one of the smaller national parks, it is still one of the most visited, by nearly 2.5 million people a year. Most of the park is on Mount Desert Island, while the other



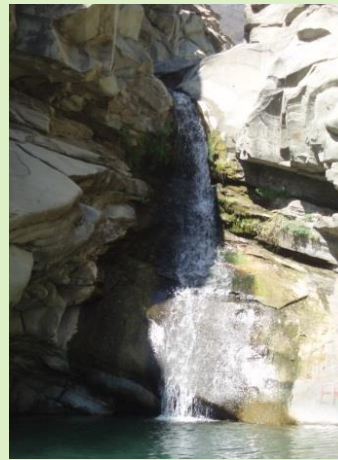
parts are on a couple smaller islands and a peninsula. Mount Desert Island is the largest Island off the coast of Maine and the home of The Famous Carriage Roads, which is a 57 miles set of woodland roads, that are free of motor vehicles

and are designed especially for hikers, bikers and horseback riders. There is about 45 miles set up for cross-country skiing and some snowmobiling. Also, found here is the 1,528 foot Cadillac Mountain. There are both challenging and easy hiking trails to get up the mountain. You can join the early birds

that get together, at the top of mountain to see the sun rise— before anyone else in the nation. Come out to where the sea and mountains meet: Acadia National Park.

10. CUYAHOGA VALLEY

Cuyahoga Valley National Park, located in Northeast Ohio, is a hop, skip and a jump from the busy cities, yet seems worlds away. This park is the 5th most visited National Park with 3,217,235 visits in 2002. The curving Cuyahoga River, commonly called the “crooked river” leads the way into this 33,000 acre park which provides recreation for not only residents but visitors. Many spend their time either hiking or bicycling as the park



has several trails, including the 20 mile Towpath Trail which is made of crushed limestone. Drinking water is available throughout the park; however, do not drink the water from any streams or ponds. The

Cuyahoga River has water quality hazards. Swimming, wading and canoeing is not advised. Winter, however, brings many activities such as downhill skiing, cross country skiing, snowshoeing and sledding to the park. Come and visit Cuyahoga Valley National Park and plan to be surprised with what you find just a little drive from the big cities.

Wolf Ridge Trip Experience

By: Bruce Teale

Man that was the funniest 3 days of my life when I went to Wolf Ridge Environmental Learning Center. There is so much to talk about so that's why I'm writing this article.

Northwest Mammals:

At first, I thought this class was going to be the downside of the trip; ABSOLUTELY NOT! We got an animal card and got to play a game with while learning what they are what they eat and stuff. Then we play a game called "Oh Deer". It's where the group splits in two, half becomes deer and the other half becomes habitat. Then both groups turn around. The deer either act like they need water, food, or shelter. Then the habitat are either are food, water or shelter. Then the leader yells "Oh Deer!" and everyone turns around. Then the deer run to find what they need from the shelter people. If a deer doesn't get what they need, they become shelter.

After that was done, we went down 249 steps to the forest. We walked to three sent posts. There we



found secret cameras, foot prints of animals and HORRIBLE smells.



Although the smell was bothering, it was cool to see the footprints of animals that had been there and try to find out what they were.

Superior View Hike:

This was the most memorable part of the trip. Although it was a walk, it was DEFINITELY worth it. One reason was that we had the best guide, Milo. He played a game with us where we had to



guess which song he was whistling to. The second reason was of the nature around us. There were so many trees and stunning views. If I could go back there again, I would still be amazed



High Ropes Course:

High ropes by far was the most awesome and scariest thing of the whole trip. When I first got on the course, there was a long bridge, not that hard. But next, was a 1in rope in diameter and all you had to hang on to was your "ponytails" (straps) or the two guard rails. Pretty freaky! Then came another easy obstacle, the double log.



After I cleared that came the hardest part of the whole course. It was the 1 in diameter rope except no guard rail this time. Only little ropes called cherries and your ponytails. That took me at least 30 seconds to go across but then I finally got to the last obstacle, the single log. It was a relief from the part before it.

Then came the fun part, the ZIPLINE!! It was scary platform but after I took the jump off, I was screaming
WWWWWWW
WWW
HHHHHHHHH
HHHHHHH
OOOOOOOO
OOOOOO!!!
all the way down.



Rock Climbing:

This was probably the most challenging part of the trip and I am so glad that Ryan showed us how to do it. The only thing that was bad about that is it took 45 minutes. After he was done explaining, we finally got to start. Laken and I choose course 4, which was the 2nd hardest. To me, it felt like the 1st hardest to me because after I was done, both of my hands were beet red like a tomato. We kept going on to every course until time was up. In the end it was super fun.



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Poop!!! A True Story By: Marissa Rech

After canoeing for about five hours, the campers were exhausted and looking for a campsite that was open, since, by then, most of them were taken. After looking at eight different ones, they found one big enough to share with another group.

It was hard the past few days setting up and taking down camp every day for the past four days, especially since the group consisted of Marissa, Charlotte, Olive, Rachel, and two counselors. Marissa had a fractured arm, Charlotte had a sprained ankle, Olive was lazy, and Rachel just wasn't an outside person (she actually brought a sequin covered sleeping bag; she was cold).

After setting up both tents, collecting a stack of sticks about four feet tall, purifying two gallons of water, setting up a tarp to hold their stuff under, putting a rope between two trees to hang our soaking socks on, and spending about a half hour trying to fix the zipper on the tent, they started a campfire to cook their food over.

After eating dinner, they started to make dessert. That dessert happened to be the most delicious of delicacies ever created: scrambled brownies mixed with magic pieces (m&m's) cooked in a frying pan. The only problem was, they were almost out of wood. Charlotte, Olive, and Marissa went into the woods surrounding them to get wood, and came back with enough wood for dessert and breakfast the next day.

About half-way through preparing the brownies and burning some of the wood to keep the fire going, a terrible smell started to spread through the small campsite. After about twenty minutes of searching for the source, they discovered what they thought was animal poop on the bottom of Charlotte's shoe. They

also discovered poop on the wood, some of which they had already burned. After freaking out, and being relieved that they hadn't cooked the brownies on top of poop wood, the campers waited to start the brownies while Charlotte washed her shoes off in the lake.

The next day, Marissa was the first one to wake up, and she had to go to the bathroom, so she got her shoes on quietly and got out of the tent. She nearly threw up. Through the night, the smell of poop had gotten about twenty times as bad. *That is not normal for animal poop*, Marissa thought. She then came to the realization what the smell really was, but she wasn't sure, so she decided to think about it while she went to the bathroom. Marissa was walking through the woods for about five minutes to find a spot, then realized that, as she walked farther away from the site, that the smell was getting stronger. *That's weird*, she thought, but she found a spot and after doing that, she spotted a mound of brown about ten feet away from her with flies almost completely covering it. She realized her previous assumption was correct and ran back to the tents.

Several people were awake, except for Rachel, of course, and the other group of campers, were starting a fire with the wood from the night before. "DON'T USE THAT WOOD!" she yelled. They looked at her funny and asked her why not. "It has poop on it!" They immediately dropped the wood like it had suddenly caught fire. That group's counselor told me it was okay if it had a little squirrel poop on it. "It's not animal poop!", Marissa told her. As Marissa told them what she had seen, Charlotte's look of disgust intensified by the second. After Marissa had finished, there was about five seconds of silence.

It was broken by Charlotte saying ten small words:

"YOU MEAN TO TELL ME, I STEPPED IN HUMAN POOP!"

White Water Rafting in Alaska

Have you been bored by your latest white water rafting experience and are looking for a new spot for your family to enjoy a fun day or a vacation? Well I've found a new spot for a possible vacation! People are buzzing about the Tatshenshini-Alsek River in Alaska for their whitewater rafting vacation. People say that this was the most remarkable 11 days of their life. From the size, to the beauty, and the remoteness of the land makes this Alaska river trip one of the greatest river trips in the world. The beginnings are small, rushing whitewater in the Yukon, but it builds into the huge size of the and Alsek Rivers. From the beginning to the end the river grows from just a few thousand cubic feet to well over a hundred thousand cubic feet per second, quite large I'd say! The incredible beauty of

the Alsek Lake combined with many others of the Tatshenshini will surely be the highlights of your trip.

The Tatshenshini's upper region offers great hiking and wildlife viewing as well as the white water rafting. A few trails lead you into the high alpine country. Just off the main river are miles and miles of wetland habitat with beaver ponds the make perfect nesting for many species of birds. These wetlands also provide a good habitat for moose and many other animals. Everywhere you look there are all sorts of animal tracks.

The river grows in size every day. The Tatshenshini River is a river braided into many different channels. Around the 6th day of the trip, you will join into the Alsek River. In a panoramic view of both

the Tatshenshini and the Alsek River you can see over 27 glaciers!



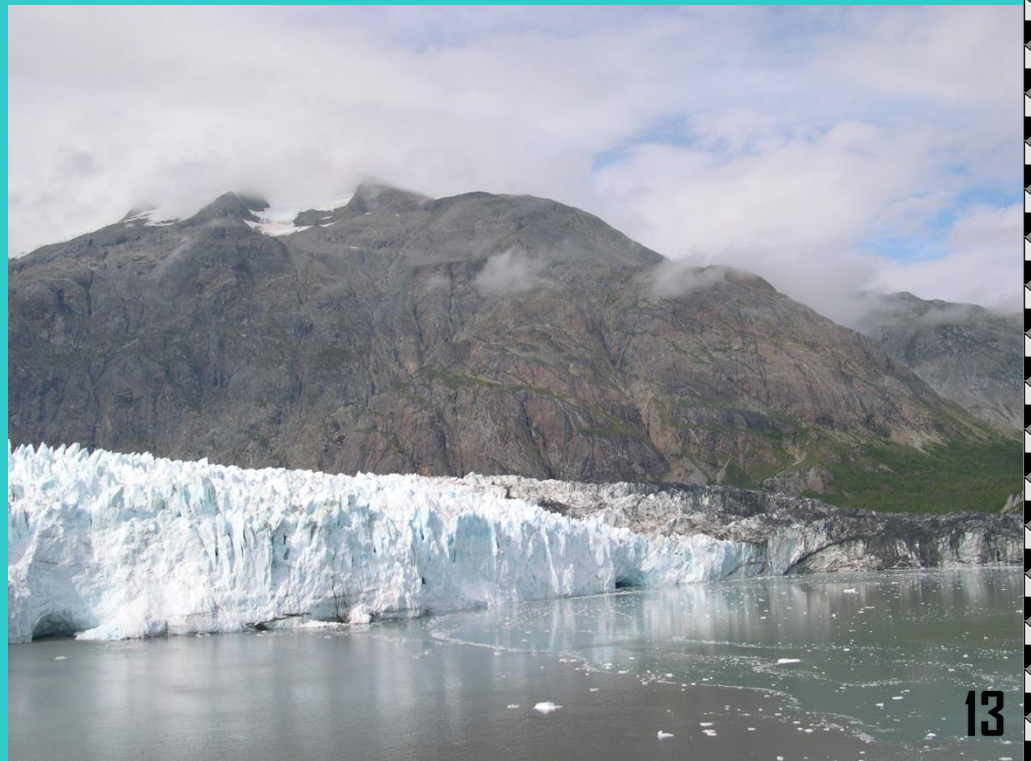


Mount Fairweather goes above the lake at over 15,000 feet, making it one of the highest coastal mountains in the world! The Lake, iceberg, and huge mountains make this experience a for sure must see!

There is more great hiking in the lower section. There are also opportunities to walk on the ancient ice of the Walker Glacier, a short hike from the river. Alsek River is very immaculate; there are huge glaciers and big chunks of ice in the lake. You have the opportunity to paddle around these icebergs, I mean how cool! On the last night, you have an incredible view of the Alsek River, with icebergs drifting in front of you. Views of the lake are usually the final exciting part of the trip.

I hope after seeing this I will have opened your eyes to another great possible place for your families white water rafting experience. I couldn't resist telling you about my new find on what people give 5 stars, this place caught my eye for 1, I'm always looking for a new vacation, and the pictures are so breathtaking! People call this place the "*crème de la crème*" or the "*cream of the crop*" I mean I only heard fantastic reviews. Please be safe and have fantastic times with those you love while enjoying one of my favorite outdoor activities white water rafting!

*Payton
Brennan*



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Camping Trip Gone Wrong

The Phillip Family was going on a camping trip for spring break. They were hoping for a lovely trip. The father's name is Jon and the mother's name is Lisa. They have 2 kids. Their names are Tom and Kara. Kara is 7 and Tom is 5. The family was very close, and had plenty of family time.

They were packing for the trip when Tom and Kara's grandma walked in. She was there to help them pack for the camping trip. Their grandma was helping the little two with packing while Jon and Lisa were packing their clothes and the food.

Once they were finished packing Grandma, Lisa, and the two kids packed up the bags and boxes of food in the back of the car while Jon hooked up the camper to the car. They were finished pretty quick when they all worked together.

They left around 2. In the car they all played music on the radio and sang along. They stopped at a restaurant to eat supper. They all got their food quickly and when they were finished eating, they got back on the road in no time.

They got to the campground around 8:30. Lisa and the kid's unpacked while Jon hooked up the camper.

Once the camper was all up and the bags were unpacked, the kids got their swimsuits on. Lisa and the kids went down to the swimming pool. The kids had a blast.

The kids got back just in time

to see their dad start a fire. The fire was roaring with flames. Lisa got out the graham crackers, chocolate bars, and the marshmallows for s'mores. The kids almost never had s'mores so they had plenty of s'mores.

They woke up to the sound of a raccoon. Jon stepped outside the camper to see what it was doing. Jon had a broom on his hand and was ready to smack the raccoon.

Jon found the raccoon eating all the graham crackers, marshmallows, and chocolate bars. The raccoon finished off all the items. All of the Phillips were mad.

They all got dressed to go hiking. There was a hiking trail near the



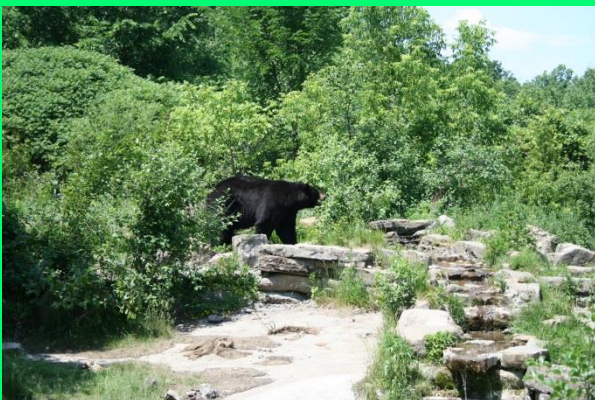
campground, so it would be easy to reach for the campers.



Once they were dressed they walked to the trail. They were hiking for ½ hour when Tom's legs started to hurt so they started walking back towards the campground.

They all went swimming after they were done hiking. They got to the pool and they played monkey in the middle. Monkey in the Middle is Kara's favorite game to play in the pool. After they played Monkey in the Middle they started playing Marco Polo. Marco Polo is Tom's favorite game to play in the pool. They were all getting a little cold so they decided to go back to the camper.

Once they saw the camper they couldn't speak. There was a terrible



sight. All they could see was a scratched, beaten up, camper with a bear sitting right next to the camper.

Jon tried scaring off the bear but he bear didn't budge. Tom and Kara were so frightened. Jon then growled like a bear to see what the bear would do and the bear got scared and ran into the bushes. The kids were relieved.

They all celebrated that the bear was gone and didn't hurt anyone. They went to Miller's Ice Cream Shop for some ice cream for the family. After that they went to bed and in the morning they had to pack up to go. Once they got home they told their grandma and their grandma was grateful that they were all safe.

-Laken Schmidt



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Camping in Glacier by Hannah Ramshak

Many people go camping. Most of them go several times of year and even out of state sometime. My job though, is to tell you what camping in Glacier; actual Waterton Glacier International Peace Park is like. This article on glacier is mostly about some of the many fun things to do. Now enjoy.

First we'll start with getting to the campsite. When you go to Glacier, you can't reserve campsites in the park. You can't get a campsite until about 11, and that's if there's any open. The one that we stayed at was on the Going to the Sun road and was called Rising Sun campground. It had a beautiful view of the valley and was secluded, but you were next to other campers though at times it felt like you were a mile away from them.

One of the first things we did when we got there was obviously set up the tent and got all of the sleeping bags and other things in the tent in the right spot. Since the sun was setting we went on the Going to the Sun road. It was really spectacular seeing all of the sun's last beams bounce off the mountains, cars, waterfalls, snow, and glaciers. A picture wouldn't be able to capture it; only a painting by an amazing artist would.



Since I can't remember how everything goes, this won't be in order, but hopefully it will show you all the wonders of Glacier. Now here is some fun things you're going to want to put on your agenda:

Waterfalls- I'm sorry if you don't think waterfalls would be a big attraction, but some of them are some of the most spectacular things in Glacier. When you think waterfalls you think one or two scattered around on some back road. Nope. Glacier has them everywhere. The Going to the Sun road has them all over along the road. Some will be a little bit off the main road while some are practically on the road. There



are also waterfalls sometimes on hiking trails. I know on the *Garden Wall* (mentioned later) when you go on it in earlier summer they're waterfalls crossing the trail. In spring you can't even go on it because it is still frozen over or there is too much water going across the trail.

Hiking- There are many hiking trails. Some are short hikes to waterfalls while others are 12 miles long. I'm not going to mention all of the short trails, but I will mention 2 trails that stuck out in my mind from my trip to

Glacier. One of them was the *Garden Wall*.

Garden Wall-That trail started at Logan Pass and the first about half mile was almost straight down for at least 150 feet. So you would fall off there was old hose drilled into the mountain wall. The rest of the way, if not straight down, it was super steep. The *Garden Wall* ended then at 1 of 2 working original chalets in Glacier. **Chalet- a herdsman's hut in the Swiss Alps; A kind of farmhouse, low and with wide eaves, common in Alpine regions; any cottage, house, ski lodge, etc., built in this style.** Then to get down from Granite Peak chalet, unless you want to hike about the 10 miles back, you would hike down the 4 mile trail to the Going to the Sun road where you would get shuttled back up to Logan Pass. Along the actual Garden Wall trail, there were several short trails, a mile, but usually less, for views of a glacier or of the valley. Overall it's a fun hike even though it seems like it just goes on and on forever.

Sperry Chalet Hike- if you're a slow hiker and don't have reservations at the chalet (must be done in December the second booking starts, after about 10 to 15 min. it's booked full), **do not** go on this hike. The hike up to the chalet is about 6 miles long and goes up about 1,000 ft. in elevation. It has a lovely view of Lake McDonald at



the West exit. You can also hike up to the chalet and then hike to the glacier Sperry which is about a 3 mile hike from the chalet. If you also have problems with your knees, other problems hiking, old, or some other reason that causes you to have problems hiking, you can ride horses up to the chalet. If you're scared of riding horses don't be. You will be taught how to and the horses that bring up the supplies are tied together so they will not dodge in front of you. Warning: you cannot get off the horses to go pee or take a break during the whole 2 hour ride. Be warned.

I'm sorry we can't talk longer on Glacier, but are time is coming short. If possible, go to Glacier sometime. It doesn't matter if you're old or young, wise or foolish, disabled or enabled, there's something for everyone. A wise man named Joe E. Lewis once said:

You only live once,
but if you live right,
once is enough.

So go find your spirit. You may not know it, but the spirit of nature is right outside your door. So go find it. We know this; Joe E. Lewis once said: you live only once. So make that once count

High Rope Courses

Origination

No one really knows when or where the first high rope course was made. But it was a long time ago. Obstacle courses are like high rope courses but they are usually on the ground not up in the air. A lot of people say the idea of a high rope course came from an obstacle course.

What Are They Good For

High rope courses are a great way to bond with your family, class, or group. High rope courses let people set individual goals for themselves. Many people like the experience because they get to coach each other. It is the partner's job to make sure they are doing everything right and they are not going too fast.



Where

Most high rope courses have you wearing a harness so if you fall you won't fall on the ground you will only fall a foot or so. High rope courses can be inside or outside. Some high rope courses have people in stands to help latch and unlatch the clips holding you up.



Safety

Although high rope courses are made for safety there are a lot of rules you have to follow. Here are some of the rules you would need to follow on a high rope course. No jumping off, No running. No gum or food, these are some of the many important rules for the high ropes courses.



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Injury or death can happen rarely, but please do not be afraid to try something; however, when it says, "For professionals only" and you are not a professional at that recreational activity, do not attempt. This is the reason for many of the deaths or injuries above.

Outdoor Times is not responsible individual choices made to participate in the recreational activities that we advertise. Severe injuries or deaths may occur, and Outdoor Magazine is not responsible for your actions. We express our sincere concern if an injury has happened to you, someone you love, or someone you know. From the Outdoor Times staff: have fun, but be safe.

- Editor in Chief