

\$6.99



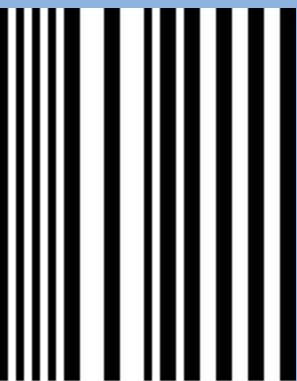
Read Anastia's
Gymnastics
Story

February 8, 2014

Sports Savvy



All about Softball



News about
Sessile Sating

A Soccer Story



1234387

Super Baseball 4000



For the amazing price of only \$45.00

Just think of a place,
any place on the field then open your
hand and it will go there! And
the best part is it looks like a
normal baseball so no one will
be able to tell!



The baseball that goes
wherever you think! Perfect for teams who like
winning because it goes there fast!



Available at baseball4000.com

Table of Contents

Batter's Up

▶ Washington Huskies Softball

▶ How to be a Softball Player



▶ Playing the Ball Game with the Racket,

Arm, and Leg

▶ Volleyball

▶ Tennis Tonight

▶ Soccer



Super Competition, Young and Old

▶ Olympics

▶ Anastia's Story



Letter From the Editor



Dear Readers,

As the Editor and Chief of *Sports Savvy*, my mission was “Creating the best possible magazine for my audience.” I wanted to engage my readers with new and exciting additions. Unlike many sports magazines, I am honored to say that I include ALL sports. I do know that we all have different opinions on all of the sports, but I think every sport is equal to the other. This magazine was inspired by my passion for sports and how much my life revolves around it. I was a gymnast for 3 years. People still don’t believe me about my demanding sport. I practiced for 4 hours, Monday-Thursday, but I wouldn’t change a thing. Gymnastics is all about practicing. We practice for SO many months for just 7 meets. The sport teaches you more than just the skills; it stretches your mental toughness, your physical strength, hard work, and is emotionally demanding. I loved everything that entailed with the sport, but it was not all red roses. We condition, not a little, a lot. Imagine thinking that doing 10 pushups for the pushup test is hard, I am used to at least 150 a day. The amounts were unthinkable, but to me it’s a way of life. But what sadly took me out of the sport was the time I was away from my family, the price, and how the coaches treated me was unlike I’ve ever experienced. I don’t regret it, but I don’t have the passion for any other sport than I do for gymnastics. My gymnastics was a big part for why I made my magazine *Sports Savvy*. My love for sports carried to my passionate magazine that means a lot to me. I think this magazine symbolizes my hard work in trying to make this the best it could ever be. My personal goals are to make more issues including many more fantastic articles and ads. For being my first issue, I was so taken back by my out-of-this-world articles I received. I’m hoping to improve this magazine in the future with the help of

the readers with feedback which can help me improve the magazine as a whole. While making this magazine I experienced some frustrating moments as well as some really awesome ones as well. To start off on a good note, I was really amazed by a select few of the articles and advertisements I received. They were so neat and well written and stood out. For a few examples I had an amazing advertisement from Rachel Jahner about the Jaxson Balls. She included such good detail, and it was so professionally done and neat. Also I had a writer who was so willing to write for me. Ashley Milletics knew I was in need for writers and she wrote 2 excellent articles. Also Makayla Mashlan wrote me a fantastic short story that I keep reading over and over again. I had very many others that made me really happy, so thank you to all of my writers again. Now for the struggles and man I encountered many! I am a pretty good writer, so I was asked to do a lot of different things. I am also really bad at turning people down, so I at the end of the day I did a total of 24 things! And you’d think I would get rewarded with many articles because of what I did, but instead my magazine is quite thin because I was rejected a lot by many people. This made the project difficult because I was not able to meet the requirements for my magazine. My intentions were to hopefully not have to do articles for myself, but that didn’t happen. Also I am an extreme perfectionist, so I think I maybe was expecting too much out of my writers. And being a perfectionist it was difficult to go along with some of my things because I was expecting a little bit more. But most of all I appreciate you, my readers for making this magazine possible. Without you I would never have been able to pursue my dreams of making *Sports Savvy*. I hope you enjoy my magazine as

much as I want you to. Also a special thank you to all of those who wrote letters to myself, with suggestions, questions, and compliments. I really appreciate the feedback critical and complimentary; it helps me improve my magazine for the next time. You make my job worthwhile.

Sincerely,

Payton Brennan

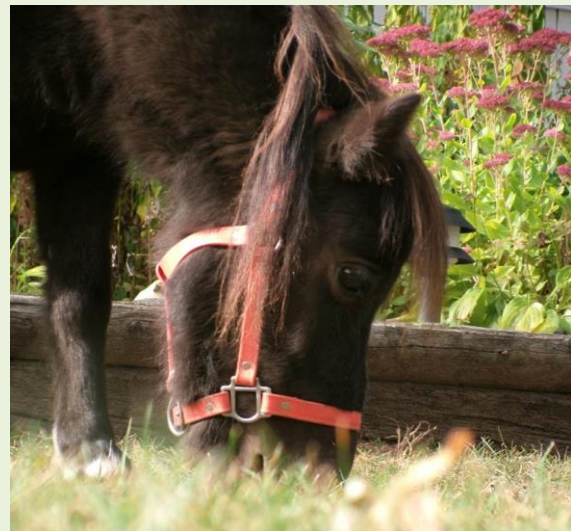
Editor and Chief of *Sports Savvy*



My Gymnastics State Meet in 2013



I played softball for the Panthers this summer.



My best friend, my miniature horse Tillie.



Letters to the Editor

Dear Ms. Editor,

My name is Hannah and I'm a giant fan of your magazine. I loved that in your last magazine, you included dance as a woman's sport. Many women's or just sport's magazine's don't include anything on dance. Most people don't even think dance is a sport. They're wrong about dance not being a sport. As a dancer myself, I feel offended when people say dance isn't a sport. I say thank you for acknowledging that dance is a sport.

-Hannah Ramshak



Dear Sports Savvy,

First of all, I love your magazine because it is all about sports and you have great articles. In your last magazine there was an article about Gabby Douglas. It was about how Gabby pursued her dreams of being in the Olympics and won a bunch of medals. It was a very fascinating story.

*Sincerely, a lover of your
magazine :)*



Softball

Softball Intro

Softball is a fast moving sport! There is sliding and running and metal bats. The first thing we will talk about is hitting.

Hitting

There are many different styles of hitting. There are the lefties, righties and then there are the slap hitters. A slap hitter is a leftie who puts their right foot towards the plate more so that they naturally hit down the third base line not first base line. Righties naturally hit down third base line because of the way they stand. Lefties naturally hit down first base line because of the way they stand. Which is not necessarily a good thing since it is easier for the first basemen to get them out that are the reason they slap hit.

Being A Baseman

Being a baseman is not very easy. All basemen has to always be ready at all times, normally they are very tall so that their arms are very long to stretch to catch the ball wherever it goes.

Pitching

Pitching styles vary by age and level of skill. Part of being a pitcher is having power through your entire body to make the ball go faster and harder to hit.

-Masin Kettner



Tennis Tonight

Fictional

Sessile Sating

Sessile Andrew Sating came to America when he was just 14 years old. When Sessile was growing up he lived in Guatemala. Sessile went to a very small school called the Saint Kayla Elementary. He was the best tennis player in the whole town. He went to lots and lots of different competitions for tennis. Sessile was very good. He finally made it to the Country Champions. All of Sessile hard work finally paid off. He won the Country Championships. There were almost a million people who came to watch the big game. One of those people was a very important sport consultant named Payton Brennan. After Sessile won Payton said she wanted to sponsor him. That's how Sessile Andrew Sating came to America and joined the Racket Busters tennis team.

Injuries

This year there has been a huge rise in injuries in the Racket Busters tennis team. Six people have been injured with tennis related injuries and four people have been injured with non-tennis related injuries. There has also been one tragic death. "Poor, poor, Timothy" one of his team mates said. Timothy Jenkins died during a tennis match. His doctor said he got so hyped up during the match that his heart couldn't handle it and it stopped working.

Victory

Just last week three days after Sessile Sating joined the Racket Busters they had a tournament. If you don't know how this particular tennis tournament works this is how, Two people at a time play a match. Then two more. And so on until they play 9 matches. You need to win at least 5 to win the total game. Anyway it was a very close game each team won 4 rounds and it was up to Sessile to win for the Racket Busters.

Boom Boom Fired

Last month the Racket Busters came across a tragic decision their coach, Matilda Hackwagen, had to make. One of their lead players, Jim Maxwell, got into some very serious business. He went to the Coach of the Racket Buster's arch enemy, Harry Quill, who was the coach of the Quill's Red-Nose Team and told him all the plans for their upcoming game. One of Harry Quill's teammates heard about what happened and decided to do the right thing and tell Matilda. Jim was fired the next day.



The New addition

Did you know The Racket Busters have a house that all the members live in? Well they do and boy oh boy it is huge. It has 13 bedrooms and 14 bathrooms. Each player on the team and the coach each have their own bedroom and bathroom. There are 4 different tennis courts throughout the building and 2 pools! The coach has just signed a contract saying that they are getting a new addition on the house. What is going to be in this new addition to the house? You may ask well keep reading to find out. You will never guess what these rooms are going to contain. And a huge new kitchen a library and a dining room for 20 people. Rich you may call it but I call it just plane fancy.

Sibling Rivalry

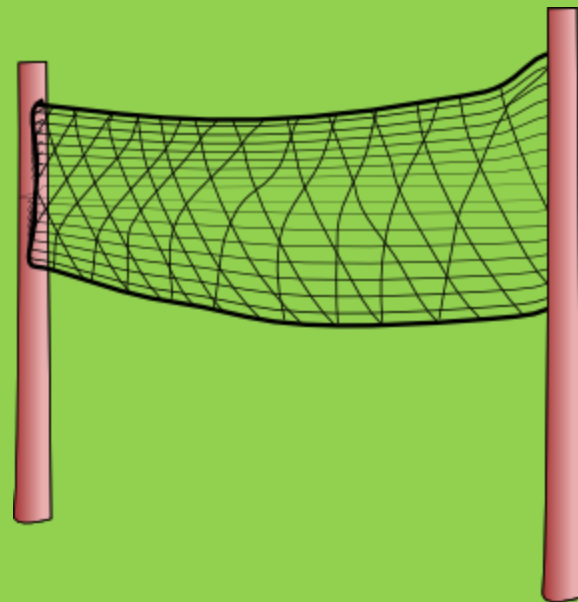
Do you and your sibling get along? Well here is a story about two twin brothers who by no means get along at all. Dean and Gerlin are twin two brothers from Switzerland who never have and never will get along at all. Dean was born less than a minute before Gerlin but he always bragged about it.

“You can’t have it, I was born first so I get it,” Dean used to say almost every day to Gerlin.

Gerlin was always sad and upset about that. He had to spend many classes in the guidance counselor's office because of dean. But Dean had to be better than Gerlin at everything. One day Gerlin decided to try out for the tennis team at his school. He thought that maybe just maybe he could be better at something than Dean. He tried out and rocked his audition. Dean figured out Gerlin’s plan and tried out for the team also. The next day as soon as they got to school the brothers ran over to the list of who made it on to the team. Gerlin got in and Dean didn’t. About 10 years later when the boys were in their 20’s Gerlin made it

into the pros and Dean felt bad about everything he did to his brother.

The End



Pablo the Ball

Only 100.99

Includes the Net and a ball

By: Siri Claybaugh



CALL
555-1234

The Olympics

The Olympics only come every 4 years so it is a very special time for athletes and for sport fans. Here is an article that contains everything you need to know about the Olympics!

Terrorists

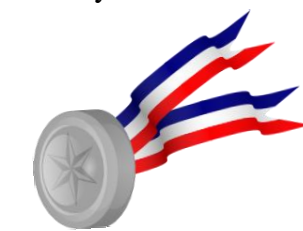
But the Olympics can be more dangerous than fun at times. The Olympics are a popular spot for terrorist. There have been many bad incidents on and around the Olympic time. Many athletes who are performing won't let their children come and watch them because they are afraid of all the bad things that may happen.

The Winter Sports

Have you ever wondered what all the sports they play in the Olympics are? Well here are all the ones they play in the winter. The winter Olympic sports are Alpine Skiing, Biathlon, Bobsleigh, Cross Country Skiing, Curling, Figure Skating, Freestyle Skating, Ice Hockey, Luge, Nordic Combined, Short Track Speed Skating, Skeleton, Ski Jumping, Snowboarding, and Speed skating.

Medals

As we all know some of the participants in the Olympics win medals. There will be 98 gold medals given in the year 2014. Many people disagree and fight about who will be winning the most Olympic medals. Some people think that Germany will win 43 medals, U.S. 39 medals, Norway will win 29, and Russia will also win 29 medals. No one really knows for sure so everyone will just have wait and see.



Summer Sports

There are a lot more sports they play in the summer Olympics than in the Winter Olympics. Here are all the Summer Olympic sports. Archery, Athletics, Badminton, Basketball, Beach Volleyball, Boxing, Canoe Slalom, Canoe Sprint, Cycling BMX, Cycling Mountain Bikes, Cycling Road, Cycling Track, Diving, Equestrian Dressage, Equestrian, Equestrian Jumping, Fencing, Football, Golf, Gymnastics Artistic, Gymnastics Rhythmic, Handball, Hockey, Judo, Modern Pentathlon, Rowing, Rugby, Sailing, Shooting, Swimming, Synchronized Swimming, Table Tennis, Taekwondo, Tennis, Trampoline, Triathlon, Volleyball, Water Polo, Weightlifting, Wrestling Freestyle and Wrestling Greco-Roman.

Countries Who Participate

206 countries sent competitors to compete in the Olympics in 2014 they will be competing in over 300 competitions in 16 days. The U.S. is bringing in 260 people to compete in the 2014 Winter Olympics.

And that is all about the Olympics. Enjoy!
-Ashley Millettics

The Goal

The bright summer sun burned in my eyes. I was squinting to see the soccer ball which was being passed back and forth by the yellow team. I was on the orange team and the score was 4 to 4. It was a tie. My hands were sweating inside of the goalie gloves that I was required to wear. The ball was coming toward my way. I could not let this one go in. There were only a few minutes left in the game. One of the players of the yellow team kicked the ball to my left. I jumped over to my left and caught the ball. I kicked the ball and sent it flying to the other side of the field. A person that was on the yellow team tried to pass it, but it went out of bounds. Our coach called for subs. Kaitlin, who was my best friend filled in for me. I took a break at the sidelines. Soon, the coach put me back in and I was on offense. There were only 9 seconds left. The referee blew his whistle and Morgan passed the ball to me. I knew that I had to be quick, so I kicked the ball toward the net. The ball went in and the whistle blew. I just made the winning shot! I was very proud of myself. After the game, we lined up and told the yellow team good game.

Since it was our last game of the season, our team was going to have a party at an ice cream shop that was nearby. Kaitlin walked up to me and started rambling about how well we did on the field and my last shot. We walked to the ice cream shop where we saw the rest of our team mates. I ordered a chocolate sundae and Kaitlin ordered a

banana split. We sat down at a table and started eating our delicious ice cream.

Morgan and Alissa sat down at the same table with their ice cream. Alissa started talking about how well I did on the field. I told her that practice makes perfect.

When I got home that night, I brought my soccer ball in to the house and dribbled it around. My cat, Callie, was staring at the ball. After about a minute she pounced on top of my soccer ball and started wrestling it as if it were a toy. I quickly grabbed my ball so that she wouldn't pop it. Callie seemed mad so I gave her a cat toy that looked like a mouse for her to play with. I put my pajamas on and went in my bed. After a long time of staring at my poster that says Live Love Soccer, I fell asleep.



Volleyball

What do you think of when you hear the word volleyball? I think of the passion that Wisconsin had on December 22, 2013, against Penn State. Wisconsin went 3-1 in the national championship. Over all they took 5th in the national championship. They are in the 12th seed, and what that means is they are the 12th best university for volleyball.

Seeds

1. Texas Longhorns
2. Penn State Nittany Lions
3. Washington Huskies
4. Missouri Tigers
5. South Alabama Jaguars

Teams

Texas Longhorns are the best out of the best of the 2012-2013 season. They have really good hitters and back row coverage. They won first, because they choose to, at practice, at home, and on the court. They try their best at practice and stay on task. When they do their drills they focus on the ball not their friend hitting it or passing the ball.

Penn State took 5th overall by beating Wisconsin in a 3-1 set match. Penn state has really awesome blocking and tips. They beat Wisconsin by having that positive attack and just went for it. They caught them off guard and destroyed them.

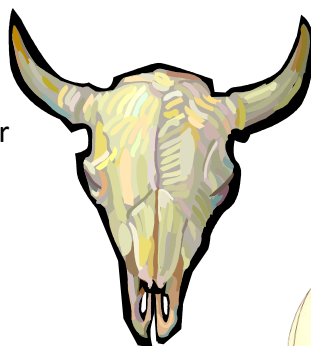
Washington did very well this season; they also did extremely well on their serving! They scored a lot of aces and a lot of points by their serves. Good job Washington! Do it again.

Missouri Tigers are in the 4th seed. This year they took 5th last year. They did an amazing job. They had perfect passes then the setter set wonderful sets right to the hitter and BAM! Right into the others teams faces. Thanks to the coach they did wonderful and stuck with it and stayed as a team, on and off the court.

South Alabama took 6th this year and did a very professional job. They played their hearts out, even though they didn't get first, they still stuck with it and played beautifully. They had good back row coverage and very good sets.

This was the top 5 seeds for women's volleyball.

Written By: Makenna Krause





WASHINGTON HUSKIES NEWS



We are back again with “Washington Huskies News.” This week we are focusing on The University of Washington’s Softball program. I will be giving you the latest up-to-date news on the softball program at Washington.

Now for the latest news to date, the Washington Huskies Softball who had just placed 3rd in the 2013 Women’s College World Series last year are ready to take the field with their very strong infield. The Huskies are excited by their fantastic infield since they were ranked 2nd in their fielding percentage last year, so they are ready again. Senior Hooch Fagaly will still regain her spot at first base as the leader of the field. Juniors Kelli Suguro and Kylee Lahners, as well as Jennie McNeill and Dani Braun, are going to be again key to the success of the field. Plus Freshman Ali Aguilar and Kimberlee Myers could possibly add a nice touch to the field if the decision comes to make. Head Coach Heather Tarr says her defense has a chance to be one of the greatest in the country; we’ll just have to wait and see!

Now that we talked about our tough infield comes our killer pitching staff and catchers. Good for the Huskies they are returning all of their previous pitchers to their staff. The staff is led by Senior Kaitlin Inglesby, Senior Bryana Walker, and Junior Kasey Stancheck. Leading UDUBB is Inglesby for quite a good reason. She finished her 2013 season with a record of 23-9 and an ERA of 1.95. She struck out 141 batters and pitched over 187.0 innings. Walker with just pitching 40.0 innings as a Freshman and 104.0 as a Sophomore really stood up this 2013 season. She had a record of 20-7 with a 2.77 ERA, having 205 strikeouts and over 182.0 innings pitched. The pitching staff is hopefully going to be a

key asset to another winning season. Now off to those walls, yep I’m talking about our catchers. Courtney Gano missed the 2013 season due to a hand injury that hurt the Huskies in that way, but they sure recovered well. Gano originally played mostly at 3rd base and shortstop for 58 games in 2013 and with her versatility the Coaching Staff wants her to be their catcher this season. Head Coach Heather Tarr says she is one of the best athletes she’s ever coached.

Also a must watch is Huskies senior outfielder Victoria Hayward, and senior pitcher Kaitlin Inglesby are on the Top 50 Watch List for the 2014 Collegiate Player of the Year Award. This is the first time Hayward has been on the Watch List, with Inglesby being on the list last season. Danielle Lawrie was the only one in Huskie history to win the Collegiate Player of the year award which was in 2009 and in 2010. We hope either Inglesby or Hayward could possibly gain the title this coming season!

Also for the most exciting part is when this action is going to begin. The 2014 season is just 8 days away! The Huskies start the season on February 7 vs. Baylor in Las Vegas, Nevada. If you want the seasons schedule go to www.gohuskies.com and choose softball and go to the schedule so you make sure you don’t forget about the great games. You can start reserving your season tickets right now! Single-game tickets for the Huskies 12-game home schedule go on sale Wednesday, February 26. More information is on the website.

For more news on our column go to www.washingtonhuskiesnewscolumn.com for more Husky Sports updates!

-Payton Brennan



Volley Gloves



The elbow length gloves created for setting and passing the perfect ball!!!! Made with springs on the finger pads and forearms for passing and setting with ease!!!!

They come in a variety of colors. You can get your school colors or get a pair that glow in the dark!!

Call now at 1-800-666-6363 and get a glow in the dark volleyball FREE with a purchase of gloves!!! For the low low price of only \$24.99 plus shipping and handling!!!

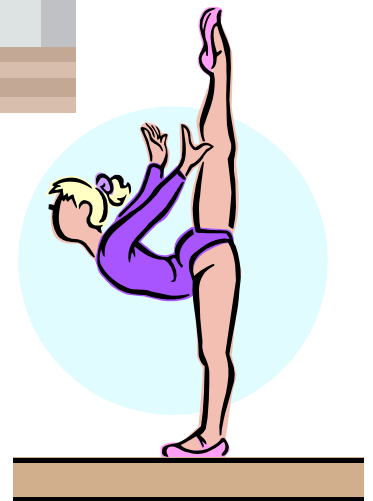
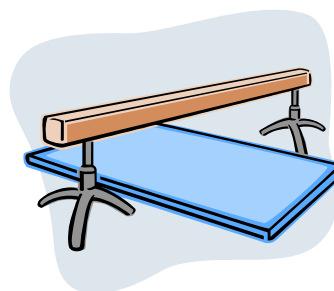
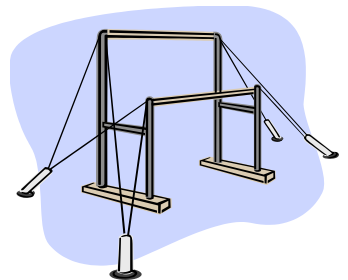


Anastasia's Story

Anastasia is a pint size little peanut kind of girl. She loves anything to do with gymnastics. She lays in her bed thinking about her gymnastics future, her goals, her dreams, and Gabrielle Douglas her idol. She goes to Gymstars Gymnastics Center in Lancaster, Pennsylvania. She calls that place her home, she practically eats, sleeps, and breathes at the gym. And actually Anastasia couldn't get a ride home once, so she slept at the gym! Her goal is to be an Olympic athlete one day. She can almost feel that Olympic Gold medal around her neck. But let me tell you this little girl is only 6 with some really big dreams.

One day Anastasia was doing her first double back. Now most gymnasts don't learn double backs till there in Level 9 and usually most gymnasts are at least 14, so Anastasia is very talented being only 6. She just kept going through in her mind the perfect back-tuck and just kept thinking to double it. She kept telling herself "Get height, double it, just like Gabby" So she just kept saying that nice and slow, trying to comfort herself. And she went for it. She went for her round off, then backhand spring, now came the big trick, her coach Carmen was there watching with amazement. Anastasia had done it! She had perfect height and stuck the landing. "YES!!!" Anastasia yelled. She was so happy. Anastasia was amazed that she does a trick just like her idol Gabby Douglas. But something was just missing. She had been winning tremendously in Level 9, all of the state championships, and the best in the entire U.S. and she's moving into Level 10 the highest level. So why would she be complaining?

She came home from Gymstars one day with a debating attitude. She knew that Gymstars just wasn't challenging her enough, and she was 7 years old, and to Anastasia she needed to be better. Anastasia's mom had just gotten home from work when Anastasia started her debating process. "MOM, MOM, I NEED TO MOVE GYMSTARS!" Anastasia said speaking really quickly. "Honey, Honey, I just got through the door, and what? Why?" Mom said ever feeling so rushed and surprised. Anastasia then spoke more calmly, "Sorry, I'll speak slower. I need to quit Gymstars. I need to move to Des Moines, Iowa just like Gabby Douglas did and go to Chow's. Please Mom!" Anastasia's mom just shrugged and replied "I just don't know honey, I just don't know. No more talking for now you need to think about reality, I'll call Coach Chow, but don't get your hopes up." Anastasia went to her room, she prayed for a yes.



That night Mom called Coach Chow, Anastia was standing there with her fingers crossed. Mom got off the phone with a smile on her face. "I talked with Coach Chow, he said he saw you on YouTube, and on T.V. He would be delighted to have you!" Anastia was running around the house screaming, she was so excited. "Coach Chow said you have so much God given talent, and he even has a host family for you to stay with, I told him your dreams, and he said you WILL follow in Gabby's footsteps. He said he believes in you!" Mom said with a sense of happiness. Anastia went on to Iowa and is accepted into the Olympic trials, she has such a future ahead of her in Gabby's footsteps!

-Payton Brennan



NEW TO THE COURT

THE BOX-OUT FLOW ELITE BASKETBALL BY

JAXSON BALLS.

All Jaxson Balls are
the official NBA size
(29.5)



This basketball
features a
full-grain
leather cover
that gives a
wonderful feel
and touch. The
different thing
about this ball
is that it will
change colors
as it is played
with.

Not a regular basketball, as will glow a **bright blue** when first picked up. Pick it up again or dribble it and will continue to change colors **(red, purple, yellow and orange)**.

Available at www.jaxsonballs.org

Inside Use Only

\$67.45

Batteries Included